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4th International Symposium on New Horizons In Arthroscopic Surgery



21st - 22nd March 2009
Primus Hospital, Chanakyapuri, New Delhi

HANDS-ON WORKSHOPS ON BASIC & ADVANCED PROCEDURES OF KNEE & SHOULDER ARTHROSCOPY

LECTURES & INTERACTIVE SESSIONS ON ARTHROSCOPIC SURGERY OF ALL MAJOR JOINTS

LIVE HIP, KNEE, ANKLE, SHOULDER, ELBOW & WRIST ARTHROSCOPIC PROCEDURES

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Symposium Director
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New Horizons In Arthroscopic Surgery

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 Dr A Rajgopal (Past President IAS)

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| Dr Prateek Gupta | Dr Deepak Joshi | Dr Suraj Prakash |

Outstation Faculty : Prof J Krishnan (Australia)
 Dr Mario Penta (Australia)
 Dr Graham Mercer (Australia)
 Dr R. Pandey (UK)
 Dr Sanjay Desai (Mumbai)
 Dr D Pardiwala (Mumbai)

SYMPOSIUM DIRECTOR

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New Horizons In Arthroscopic Surgery

Dear Friends ,

We are organising the fourth edition of New Horizons in Arthroscopic Surgery to be held on 21st – 22nd March in New Delhi . After the success of the first 2 symposiums on ACL Reconstruction and Lower Limb Arthroscopy in 2006 & 2007 & the 3rd edition on New Horizons in Arthroscopic Surgery in 2008 , there was again a demand to address to all major Joints of the body amenable to Arthroscopic procedures with emphasis on live surgeries & interactive sessions .The venue of the Symposium will be at Primus Orthopaedic & Spine Hospital , New Delhi.

The format of this symposium will be 8 sessions of lectures & interactive discussions on Arthroscopic Surgery principles of all major joints .There will be 8 live surgeries relayed from the theatres to the Conference hall demonstrating Hip , knee , ankle , shoulder , wrist & elbow arthroscopy.

There will be Hands-on Workshops organised on basic & advanced knee and shoulder Arthroscopic procedures where the participants will have an opportunity to understand and practice principles of knee & shoulder arthroscopy.

We have an experienced & dynamic Indian faculty including Dr Dinshaw Pardiwala & Dr Sanjay Desai from Mumbai along with Prof J Krishnan , Dr Mario Penta & Dr Graham Mercer from Australia to ensure that the affair will truly be an exciting & enjoyable educational experience . The theme of the conference will be **SEE THEM DO IT AND DO IT YOURSELF.**

We look forward to seeing you in New Delhi

With warm regards

Yours sincerely

Dr Pushpinder Singh Bajaj
 Symposium Director



Dr Pushpinder Bajaj
 Arthroscopy & Sports Medicine
 Joint Replacements
 Primus Hospital



Dr Lalit Maini
 Associate Professor
 Orthopaedics
 Maulana Azad Medical College



Dr Gurinder Bedi
 Trauma, Arthroscopy
 Joint Replacements
 Primus Hospital

PS : We will also be organising a Basic Hands on Knee Arthroplasty Course on the 20th March with Live Surgical Demonstrations & Interactive Discussion . It will be restricted to the first 50 registrants to maintain a good delegate faculty ratio . For further details , you can visit the website or contact me

PROGRAMME HIGHLIGHTS

21st March

| | |
|----------------------|---|
| 8.00 am – 9.00 am | = REGISTRATION |
| 9.00am – 10.30 am | = ANKLE SYMPOSIUM |
| 9.00 am - 9.30 am | setup, positioning, instrumentation, portals, indications, surgical techniques, complications, current concepts |
| 9.30 am – 10.00 am | Live Surgery Ankle |
| 10.00 am – 10.30 am | Interactive Discussion & Tea Break |
| 10.30am – 12.00 noon | = HIP SYMPOSIUM |
| 10.30am – 11.00am | setup, positioning, instrumentation, portals, indications, surgical techniques, complications, current concepts |
| 11.00am – 11.45 am | Live Surgery Hip |
| 11.45 am – 12.00 am | Interactive Discussion |
| 12 noon – 1.00 pm | = LUNCH |
| 1.00 pm – 3.00pm | = KNEE SYMPOSIUM I |
| 1.00 pm - 2.00 pm | ACL Reconstruction, Cartilage management, Patello-femoral malalignment, Meniscal Repair |
| 2.00 pm - 3.00 pm | Live surgery (ACL +/- Meniscal Repair) |
| 3.00 pm – 5.00 pm | = KNEE SYMPOSIUM II |
| 3.00 pm - 4.00 pm | PCL, PLC, Multiligament instabilities |
| 4.00 pm - 5.00 pm | Live Surgery (PCL Reconstruction +/- PLC repair) |
| 5.00 pm – 8.00 pm | = HANDSON WORKSHOPS |
| | KNEE WORKSHOPS (BASIC & ADVANCED) SHOULDER WORKSHOPS (BASIC & ADVANCED) |
| 8.00 pm onwards | = DINNER AND BANQUET Lawns of Primus Hospital |

22nd March

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|----------------------|--|
| 9.00am – 10.30 am | = ELBOW SYMPOSIUM |
| 9.00 am - 9.30 am | setup, positioning, instrumentation, portals, indications, surgical techniques , complications , current concepts |
| 9.30 am – 10.00 am | Live Surgery Elbow |
| 10.00 am – 10.30 am | Interactive Discussion & Tea Break |
| 10.30am – 12.00 noon | = WRIST SYMPOSIUM |
| 10.30am – 11.00am | setup, positioning, instrumentation, portals, indications, surgical techniques, complications, current concepts |
| 11.00am – 11.45 am | Live Surgery Wrist |
| 11.45 am – 12.00 am | Interactive Discussion |
| 12 noon – 1.00 pm | = LUNCH |
| 1.00 pm – 3.00pm | = SHOULDER SYMPOSIUM I |
| 1.00 pm - 2.00 pm | setup, positioning, portals, basic round (glenoid), approach to shoulder instability, labral tears, SLAP lesion, Bankart's repair, multi-directional instability |
| 2.00 pm - 3.00 pm | Live surgery (Bankart's Repair +/- SLAP) |
| 3.00 pm – 5.00 pm | = SHOULDER SYMPOSIUM II |
| 3.00 pm - 4.00 pm | Basic round (subacromial arthroscopy), Pathophysiology of Shoulder impingement, Rotator cuff tears, Stiff shoulder, complications, current concepts. |
| 4.00 pm - 5.00 pm | Live Surgery (Subacromial decompression + Cuff repair) |
| 5.00pm – 5.10pm | = TRAINING FACILITIES IN ARTHROSCOPY, SPORTS MEDICINE & JOINT REPLACEMENTS IN AUSTRALIA |
| 5.10pm - 5.30 pm | = VALEDICTORY/ PRESENTATION OF CERTIFICATES |