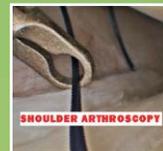
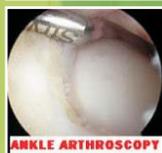
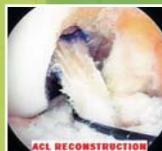
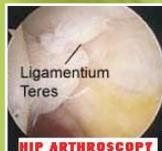


# 3<sup>rd</sup> International Symposium on New Horizons In Arthroscopic Surgery



29<sup>th</sup> - 30<sup>th</sup> March 2008  
Primus Hospital, Chanakypuri, New Delhi

**HANDS-ON WORKSHOPS ON BASIC &  
ADVANCED PROCEDURES OF KNEE &  
SHOULDER ARTHROSCOPY**

**LECTURES & INTERACTIVE  
SESSIONS ON ARTHROSCOPIC  
SURGERY OF ALL MAJOR JOINTS**

**LIVE HIP, KNEE, ANKLE,  
SHOULDER, ELBOW & WRIST  
ARTHROSCOPIC PROCEDURES**

Symposium Secretariat  
**Dr Pushpinder Singh Bajaj**  
Symposium Director

**ARTHROSCOPY & SPORTS INJURY CLINIC**

**BAJAJ SPECIALIST CLINICS**

B-7/5, SAFDARJUNG ENCLAVE, NEW DELHI - 110029  
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**Website : [www.sportsarthroscopyindia.com/newevent.aspx](http://www.sportsarthroscopyindia.com/newevent.aspx)**

## New Horizons In Arthroscopic Surgery

Dear Friends ,

We welcome you to this third edition of New Horizons in Arthroscopic Surgery to be held on 29<sup>th</sup> – 30<sup>th</sup> March in New Delhi. After the success of the first 2 symposiums on ACL Reconstruction and Lower Limb Arthroscopy in 2006 & 2007, there was a demand to address to all other major Joints of the body amenable to Arthroscopic procedures with emphasis on live surgeries & interactive sessions. The venue of the Symposium will be at Primus Orthopaedic & Spine Hospital, New Delhi .

The format of this symposium will be 8 sessions of lectures & interactive discussions on Arthroscopic Surgery principles of all major joints. There will be 8 live surgeries relayed from the theatres to the Conference hall demonstrating Hip, knee, ankle , shoulder, wrist & elbow arthroscopy.

There will be Hands-on Workshops organised on basic & advanced knee and shoulder Arthroscopic procedures where the participants will have an opportunity to understand and practice principles of knee & shoulder arthroscopy.

An experienced & dynamic Indian faculty along with Prof J Krishnan, Dr Mario Penta, Dr Nick Wallwork from Australia & Dr M Pandey from UK will ensure that your visit to New Delhi will truly be an exciting & enjoyable educational experience. The theme of the conference will be SEE THEM DO IT AND DO IT YOURSELF.

We look forward to seeing you in New Delhi

With warm regards

Yours sincerely

Dr Pushpinder Singh Bajaj  
Symposium Director



**Dr Pushpinder Bajaj**  
Head  
Arthroscopy & Sports Medicine  
Primus Hospital



**Dr Lalit Maini**  
Associate Professor  
Orthopaedics  
Maulana Azad Medical College



**Prof Surya Bhan**  
Director  
Orthopaedics  
Primus Hospital

## New Horizons In Arthroscopic Surgery

# PROGRAMME HIGHLIGHTS

### 29<sup>th</sup> March

8.00 am – 9.00 am	= REGISTRATION
9.00am – 10.30 am	= ANKLE SYMPOSIUM
9.00 am – 9.30 am	setup, positioning, instrumentation, portals, indications, surgical techniques, complications, current concepts
9.30 am – 10.00 am	Live Surgery Ankle
10.00 am – 10.30 am	Interactive Discussion & Tea Break
10.30am – 12.00 noon	= HIP SYMPOSIUM
10.30am – 11.00am	setup, positioning, instrumentation, portals, indications, surgical techniques, complications, current concepts
11.00am – 11.45 am	Live Surgery Hip
11.45 am – 12.00 am	Interactive Discussion
12 noon – 1.00 pm	= LUNCH
1.00 pm – 3.00pm	= KNEE SYMPOSIUM I
1.00 pm – 2.00 pm	ACL Reconstruction, Cartilage management, Patello-femoral malalignment, Meniscal Repair
2.00 pm – 3.00 pm	Live surgery ( ACL +/- Meniscal Repair )
3.00 pm – 5.00 pm	= KNEE SYMPOSIUM II
3.00 pm – 4.00 pm	PCL, PLC, Multiligament instabilities
4.00 pm – 5.00 pm	Live Surgery (PCL Reconstruction +/- PLC repair )
5.00 pm – 8.00 pm	= HANDSON WORKSHOPS
	KNEE WORKSHOPS ( BASIC & ADVANCED ) SHOULDER WORKSHOPS ( BASIC & ADVANCED )
8.00 pm onwards	= DINNER AND BANQUET
	Lawns of Primus Hospital

## New Horizons In Arthroscopic Surgery

### 30<sup>th</sup> March

#### 9.00am – 10.30 am = ELBOW SYMPOSIUM

9.00 am - 9.30 am setup, positioning, instrumentation, portals, indications, surgical techniques , complications , current concepts

9.30 am – 10.00 am Live Surgery Elbow

10.00 am – 10.30 am Interactive Discussion & Tea Break

#### 10.30am – 12.00 noon = WRIST SYMPOSIUM

10.30am – 11.00am setup, positioning, instrumentation, portals, indications, surgical techniques, complications, current concepts

11.00am – 11.45 am Live Surgery Wrist

11.45 am – 12.00 am Interactive Discussion

#### 12 noon – 1.00 pm = LUNCH

#### 1.00 pm – 3.00pm = SHOULDER SYMPOSIUM I

1.00 pm - 2.00 pm setup, positioning, portals, basic round (glenoid), approach to shoulder instability, labral tears, SLAP lesion, Bankart's repair, multi-directional instability

2.00 pm - 3.00 pm Live surgery ( Bankart's Repair +/- SLAP )

#### 3.00 pm – 5.00 pm = SHOULDER SYMPOSIUM II

3.00 pm - 4.00 pm Basic round (subacromial arthroscopy), Pathophysiology of Shoulder impingement, Rotator cuff tears, Stiff shoulder, complications, current concepts .

4.00 pm - 5.00 pm Live Surgery (Subacromial decompression + Cuff repair)

#### 5.00pm – 5.10pm = TRAINING FACILITIES IN ARTHROSCOPY & SPORTS MEDICINE IN AUSTRALIA

#### 5.10pm - 5.30 pm = VALEDICTORY/ PRESENTATION OF CERTIFICATES

## New Horizons In Arthroscopic Surgery

### REGISTRATION FORM

Name \_\_\_\_\_ Age \_\_\_\_\_

Designation \_\_\_\_\_

Qualification \_\_\_\_\_

Institution \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Phone \_\_\_\_\_ Mobile \_\_\_\_\_

Fax \_\_\_\_\_

Email (MANDATORY) \_\_\_\_\_

**Registration Fee Details** : Rs. 2500/-  
(100 Delegates only)

Last Date of Application : 15.03.08 **(No Spot Registration)**

Payment Details : Cheque/Draft No. ....Dated .....in  
favour of "Centre for Arthroscopy"

Drawn on ..... (Bank)  
(No outstation cheques please)

**(Further correspondence by Mobile / Email only)**

Mail Registration Form and Demand Draft to :  
Symposium Director

**Dr Pushpinder Singh Bajaj**

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## New Horizons In Arthroscopic Surgery

- Chief Patron** : Mrs Achla Dewan (Chairperson Primus)
- Patrons** : Prof Surya Bhan (Director Orthopaedics Primus)  
Prof Sudhir Kapoor (President DOA)  
Dr A Rajgopal (Past President IAS)
- Organising Secretary** : Dr Lalit Maini
- Organising Co-Secretary** : Dr Gurinder Bedi

### Advisory Committee

Dr JP Manocha	Dr V K Garg	Dr Ravi Gupta
Dr Rohtash Grover	Dr Anmol Marya	Dr Dinesh Batra
Dr MK Magazine	Dr Raj Kumar	Dr K M Singh

### Organising Committee

Dr Sanjay Madan	Dr S Divyadarshi	Dr Arun Bhanot
Dr Ashish Anand	Dr K Doomra	Dr Ashok Kumar
Dr Sudesh Prakash	Dr M Sethi	Dr Vivek Logani
Dr S Jangid	Dr Harish Patni	Dr S Bhalla
Dr Sanjay Goel	Dr A S Chauhan	

### Chairmen Scientific Committee

Dr P Dilawari	Dr Deepak Chaudhary	Dr Anuj Dogra
Dr IPS Oberoi	Dr VB Bhasin	

### Local Faculty

Dr ( Col ) NC Arora	Dr Prateek Gupta	Dr HL Nag
Dr Saurav Shukla	Dr N Oberoi	Dr Vikas Gupta
Dr Vinod Kumar	Dr S Prakash	Dr A Mishra
Dr H Tandon		

### Outstation Faculty :

Prof J Krishnan (Australia)  
Dr Mario Penta (Australia)  
Dr Nick Wallwork (Australia)  
Dr M Pandey (UK)  
Dr D Pardiwala (Mumbai)

### SYMPOSIUM DIRECTOR

Dr Pushpinder Singh Bajaj  
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