

ISKSAA fellowship report.

I am forever grateful to Dr Pushpinder Bajaj and Dr Lalit Maini to select me for the ISKSAA travelling fellowship at UK Liverpool. It has been a great privilege to be mentored by Mr Vijay Bhalaiik, the consultant upper limb and shoulder surgeon. The fellowship tenure was 2 weeks from September 30, 2024.

We had been posted at 2 hospitals at the Wirral University Teaching Hospital-Arrowe Park and Clatterbridge. We got to see a lot of cases in shoulder and upperlimb arthroscopy and arthroplasty. We were also engaged with trauma cases, knee and hip surgeries too. Mr Bhalaiik made sure we made our time worthwhile watching different surgeries.

Mr Bhalaiik, a senior consultant was very gentle in taking us around and orienting us. His team at both hospitals were very welcoming and helpful in getting us to see what we wanted. He also explained about the work culture in the UK apart from the clinical questions we had.

The weekends were free, so got to go around some places in the UK. Liverpool is a beautiful place and lots to see.

Sincerely thanking ISKSAA for this opportunity looking forward to the next one.

Sujei Sukumaran