

ISKSAA-BOA 2024 Fellowship Report

I Dr.NAGARAJ M ,would like to thank Dr. Sanjeev Anand and Dr. Pushpindar Bajaj for giving me the opportunity to finish prestigious ISKSAA-BOA fellowship 2024.

Introduction

This report outlines my experience during the orthopedic fellowship at Chapel Allerton Hospital under the supervision of Dr. Sanjeev Anand. This fellowship was an enriching period that allowed me to enhance my clinical skills, and gain insights from a leader in the field.

Clinical Experience

On the first day of my fellowship Dr. Anand introduced his team including other surgeon from different sub specialities. Under his guidance, I gained extensive exposure to a variety of orthopedic subspecialties, including:

- **Trauma and Fracture Management:** I participated in the assessment and surgical management of complex fractures. Dr. Anand's mentorship in decision-making for acute trauma cases was particularly impactful, helping me develop a comprehensive approach to patient care.
- **Joint Reconstruction:** I was involved in numerous total hip and knee arthroplasties. Observing Dr. Anand's techniques in both primary and revision surgeries provided me with valuable insights into best practices and patient selection criteria.
- **Minimally Invasive Techniques:** I was also involved in his arthroscopic procedures, where I learned about the latest advancements and their applications in sports medicine and degenerative conditions.

Outpatient OPD

Had an opportunity to observe approach to patient in NHS.

Interdisciplinary Collaboration

Working alongside Dr. Anand and a multidisciplinary team was instrumental in my learning. Regular interactions with physiotherapists, occupational therapists, and nursing staff allowed me to understand the importance of a holistic approach to patient rehabilitation. We developed comprehensive care plans that facilitated optimal recovery for our patients.

BOA Annual meeting 2024

With Dr Anand's effort got Complimentary registration of BOA Annual meeting 2024 during which had great time with consultants from different parts of the world .

Conclusion

My orthopedic fellowship at Chapel Allerton Hospital under Dr. Sanjeev Anand was a pivotal experience in my professional development. The combination of rigorous clinical training, and collaborative practice has equipped me with the skills necessary for a successful career in orthopedics. I am deeply grateful for the mentorship and support received throughout this fellowship, which has profoundly influenced my approach to patient care.

Regards

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