

*Respected sir,*

*I am writing to express my sincere gratitude for the opportunity to participate in the international travelling Kent fellowship, UK. Firstly, I would like to thank DR. Pushpinder Bajaj Sir and Dr Lalit Maini Sir and the entire team of ISKSAA for this tremendous opportunity. It has been an incredible experience, and I feel honoured to have been selected as a recipient of this prestigious fellowship under Dr.Sandeep Kohli Sir at Orpington Hospital & Princess Royal University Hospital.*

*Throughout my journey, I have had the chance to learn from world-renowned experts in the field of orthopaedics. To mention specially Dr.Sandeep Kohli Sir is a very humble person and guided me throughout my tenure. He has been always supportive from the time applying for fellowship till the end. He is a brilliant in arthroplasty and trauma surgeries. Learned lot of techniques like Cemented Uni- knee replacement ,Total knee replacement surgeries, and how to manage and counsel patients.He also allowed me to scrub in the ot to have a close look of the surgery.We had lunch together on the last day and we had shared a lot of experience of residency days which studying in medical college in India. He was a pillar of support in throughout my fellowship.*

*I learned uncemented UNI-knee replacements from Dr.Rajat Verma sir and his techniques in operating total knee replacement.. Dr. Joydeep Sinha also know as man of leather jacket technique in RC tear. Learnt shoulder arthroscopy techniques & Bankart repair technique.*

*The exposure to different techniques, technologies and practices has allowed me to broaden my knowledge and skills, which I can now apply in my own work. The diverse range of experiences that I had on this fellowship has given me a greater understanding of the challenges faced by orthopaedic surgeons across this part of globe, and I am confident that this will make me a better surgeon in the years to come.*

*I would like to express my heartfelt thanks to the Fellowship Committee, Dr.Pushpinder Bajaj Sir, Dr.Lalit Maini Sir and Dr.Sandeep Kohli Sir for believing in my abilities and providing me with this invaluable opportunity. I am also deeply grateful to my hosts and mentors, who have been incredibly generous with their time and expertise, and have made me feel so welcome in their practices.*

*This fellowship has been an incredible learning experience, and I will always cherish the memories of this journey. Once again, thank you for your support, and I look forward to continuing my journey in the field of orthopaedic.*

*Yours sincerely,*

*Dr.Argha Kusum Roy*

*Kolkata.*