## Fellowship report of ISKSAA BRADFORD TRAVELLING FELLOWSHIP 2023

By Dr.Mahesh Reddy vuruvakili Dr.Sandeep velagada

I was eager to learn and was definitely excited when I learnt of my selection for the ISKSAA BRADFORD TRAVELLING FELLOWSHIP Training Fellowship.

Me and my fellow orthopedic colleague from india arrived on 24th November 2023 to Manchester airport uk and went on to Bradford Interchange in a train early in the morning and took a cab to Bradford Teaching Hospitals and we're given a accommodation (field house) in the hospital premise

We were welcomed by Dr Sampat Kumar who was very generous to show us around the place, we were staying in the campus in a building named field house so going to the hospital was a breeze, all the introductions to other orthopaedic Specialists and other formalities were done in Bradford Royal Infirmary

Bradford Teaching Hospitals NHS Foundation Trust is responsible for providing hospital services for the people of Bradford and communities across Yorkshire its a super Speciality hospital with over 800beds and spread across a large area

From the next day onwards we attended the trauma meeting which are held in morning from 8 am to 9 am to discuss about the previous day admissions, post operative images and the present day operative cases amongst all the orthopaedic doctor and up for discussion which was very helpful in knowledge and idea sharing later on were off to the theatres

spent most of the time in operating theatre but also shadowed some of the consultants in clinics. There are 6 orthopaedic operating theatres (3 in each floor) run very efficiently. The volume of work was phenomenal and I was impressed to see the strict theatre discipline particularly with arthroplasty operating we were also flabbergasted by the antibiotic protocol where only one dose of IV antibiotic was give before a elective surgery and that's it we were impressed of the strict antiseptic protocols and overall how the theatre was run so efficiently and patient was was discharged the Same day if all is cleared from the surgeon.

Dr.Stephen guy made sure we understood all the methods and protocols in the operative room and later explained each procedure he did in the operative room and why he was doing It and cleared all our doubts post surgery.

We got the opportunity to attend sports clinic and were impressed with the Injuries were treated soft tissue Injury was treated by acute musculoskeletal Injury specialist and fracture by orthopaedic doctor and later physiotherapy this way non operative cases were treated by Acute MSK specialist and were sent to orthopaedic doctor if any surgical interventions were required.

We participated in many surgeries, in addition to knee and shoulder arthroscopy. We were also fortunate to gain experience in shoulder arthroplasty surgery.

We were happy to spend most of my working hours in the operating rooms but I did get an opportunity to attend OPDs with Dr MAN, where I learned many invaluable clinical tips and pearls from him.

We appeared on the hospital's daily operation schedule depending on the number of cases. Dr Stefen was very generous in ensuring that the other surgeons were informed of our visit.

Finally, I would like to appreciate the great opportunity provided to me by ISSAKSA once again. I benefited a lot from it and hope that more young orthopaedic surgeons who would like to see how the Medical system works in the UK and understand how the NHS works will benefit from the Fellowships in future.

I would like to thank DrStephen guy, Dr Sanjeev Anand for their kind support throughout.

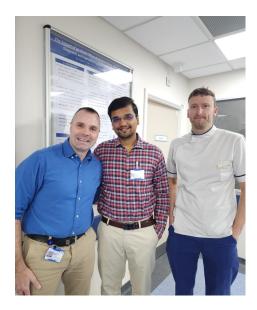
Dr.Stephen guy is not only a good teacher and excellent surgeon but also a wonderful human being.

I would strongly recommend ISKSAA BRADFORD TRAVELLING FELLOWSHIP fellowship to all young orthopedic surgeons who never had an International exposure from around the world would greatly benefit them in their careers and improve their skills.

THANK YOU









ISKSAA BRADFORD TRAVELLING FELLOWSHIPS	ARTHROSCOPY & ARTHROPLASTY KNEE AND SPORTS SURGERY	a	2	2	2	2	2	2	2	2
DURATION	2 WEEKS									
TIMING	OPEN DATE 2023									
CHIEF COORDINATOR	MR STEPHEN GUY									
LOCATION	BRADFORD TEACHING									
	HOSPITALS NHS FOUNDATION TRUST									
DESCRIPT										
	FELLOWS WILL GET A CHANCE TO OBSERVE									
	ALL KINDS OF KNEE									
	SURGERIES INCLUDING									
	SPORTS SURGERY AND COMPUTOR									
	NAVIGATED									
	OSTEOTOMY AND									
	JOINT REPLACEMENT									
	SURGERY.									
FUNDING	NONE			FELLOWSHIPS 202	ISKSAA BRADFORD UK TRAVELLING FELLOWSHIPS 2022	FELLOWSHIPS 2022 1189	FELLOWSHIPS 2022 1189 1935	FELLOWSHIPS 2022 1189 1935 DR San	FELLOWSHIPS 2022 1189 1935 DR Sandeep Velagada	FELLOWSHIPS 2022 1189 1935 DR Sandeep Velagada
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