

I would like to express my sincere gratitude for the ISKSAA Traveling Fellowship to Wrightington. My experience at ISKSAA Wrightington 2018 was truly transformative, and it significantly strengthened my passion for orthopedics particularly in the field of arthroscopy and Arthroplasty . The scientific programme was comprehensive, offering cutting-edge insights and knowledge that are critical for a young surgeon's development.

The ISKSAA fellowship, which connects young surgeons to some of the most renowned institutions, offers a unique opportunity for learning and growth. The chance to observe and interact with experts in the field provided invaluable hands-on learning experiences that will undoubtedly shape my future practice.

Also during this time period I had the opportunity to run the Edinburgh half marathon 2018 .

I am deeply grateful for this opportunity and am confident that the exposure to advanced techniques, cutting-edge research, and the renowned faculty at Wrightington has enhanced my skills and contributed significantly to my professional development.

