I was selected to be a part of the ISKSAA Bradford travelling fellowship in 2024 from 30<sup>th</sup> September to 14<sup>th</sup> October 2024 and am extremely grateful to Dr Pushpinder Bajaj, Dr Lalit Maini and the other members of ISKSAA for giving me an opportunity to be a part of this enriching experience.

The fellowship was a 2 week rotation in Bradford Royal Infirmary which is a tertiary care centre offering both trauma and elective services, under our coordinator Mr Stephen Guy.

Mr Guy is a master of his field and is a very kind and helpful person. He went out of the way to ensure that we get a full exposure to elective as well as trauma lists. He discussed cases with us in depth and provided us a new perspective to both preoperative and postoperative care.

The other consultants like Mr Grogan, Mr Sampath Kumar, Mr Hahnhell, Mr Craig were very helpful and skilled as well and very considerate in including us in the discussions, pre operative planning, intraoperative observation and post operative care.

We got good exposure of knee arthroscopy under Mr Guy, knee & hip arthroplasty cases under Mr Grogan, Mr Hahnhell & Mr Craig and foot & ankle surgery under Mr Sampath.

Overall it was a wonderful learning experience with great surgeons, which was extremely well organised and immensely satisfying. I'd like to thank team ISKSAA, Dr Pushpinder Bajaj and Mr. Sanjeev Anand for providing me with this wonderful opportunity and I'm sure this fellowship would enable me to provide even better standards of care and surgical technique to my patients.