

ISKSAA Wrightington travelling fellowship

I would like to express my sincere gratitude to Dr Pushpinder Bajaj Sir for giving me an opportunity for this fellowship programme from 15th October to 28th October 2024 under Prof. Monga and other stalwarts of the Upper Limb Unit at Wrightington hospital, Wigan. I was awarded this fellowship in ISKSAA annual meeting in November 2022.

My special thanks to my mentor Dr Puneet Monga Sir (Consultant Orthopaedic Surgeon, Upper Limb Unit, NHS, Wrightington hospital, Wigan) for such a nice arrangement for this observership programme. 2 weeks fellowship programme was very well planned and OT list was provided to us each day to guide us for variety of cases. First day, I met my programme coordinator who helped in meeting to Monga Sir. Just before the operation theatre he used to brief all the staff involved in operation theatre about whole day programme, what are they going to do today, what are the critical steps in the surgery and about arrangement of special equipments etc. We attended the preop case discussion and crucial steps of RSA, TSA, Hemiarthroplasty in traumatic and degenerative scenarios along with some instability and cuff repair cases. During the surgery also, he used to explain all minute and necessary details of the surgery along with all our queries.

We also got the privilege to meet Prof. Adam Watts who was very precise and clinical about each and every aspect of the surgery. He told us about the loopholes in the existing classification of elbow instability and how to approach these instability cases and how these shortcomings have been circumvented in recent Wrightington classification of elbow instability. He demonstrated us elbow arthroplasty and distal biceps repair also.

In upper limb Unit we also met Dr Raj Murali, Dr. Mike Walton, Dr Bale, Dr Sumedh Talwarkar, who also showed us elbow and wrist surgeries.

We also got the privilege to interact with Lower limb surgeons and saw Hip Arthroscopy by Prof Tim Board and Mr Asim Rajpura and Cemented hip replacement with Mr Nikhil Shah.

Thus, my fellowship in Wrightington Hospital was whole package of good academic learning and weekend visit to London, Glasgow and Ireland. I really loved the time I spent there, met such nice people, made good friends and accumulated tons of stunning memories.

Thanking You

Regards

Dr Rameshwar Datt

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