



ISKSAA BESS UK 2019 (ELBOW & SHOULDER CONCLAVE)



13th International Congress of ISKSAA

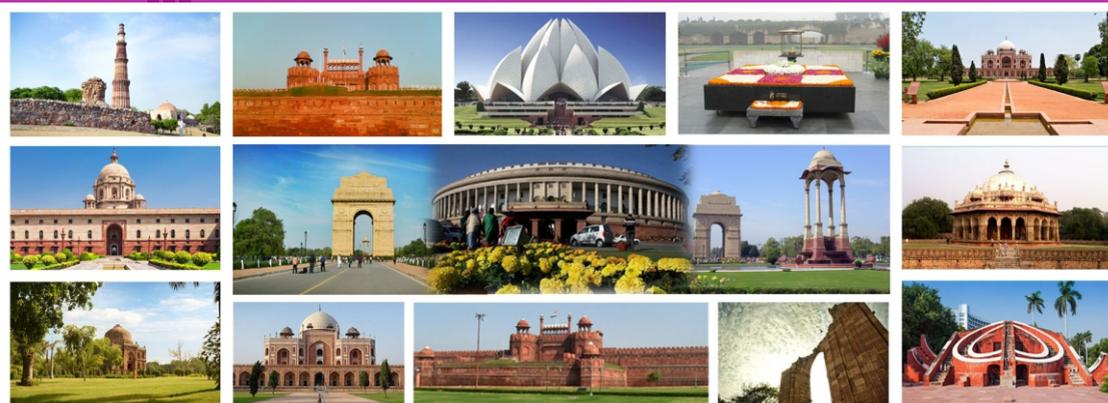
In Collaboration with

BESS COPELAND UK (British Elbow & shoulder Society)
SMAW2019 (Sports Medicine & Arthroscopy Workshop 2019)
SESI (Shoulder & Elbow Society of India)

2nd – 3rd March 2019

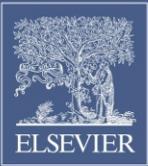
Radisson Blu Plaza Hotel, Mahipalpur, National Highway 8, New Delhi, India

ACADEMIC PARTNERS



ISKSAA SECRETARIAT
Dr Pushpinder Bajaj
ISKSAA PRESIDENT

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Dear Friends,

On Behalf of the whole organising team of ISKSAA BESS 2019, we welcome you to **ISKSAA BESS UK ELBOW & SHOULDER CONCLAVE 2019**... being held from **2nd – 3RD March 2019** in New Delhi / NCR. The Congress is the signature event of ISKSAA (International Society for Knowledge for Surgeons on Arthroscopy and Arthroplasty). We are proud to announce that ISKSAA membership has crossed the 1800 mark with over 350000 hits from over 160 countries on the website www.isksaa.com.

ISKSAA is now returning back to Delhi after 3 years following the stupendous success of 2016 where **FOR THE FIRST TIME IN THE HISTORY OF ORTHOPAEDICS IN THE WORLD, 53** successful live surgeries were transmitted from **29** Centres of excellence across **12** different countries spanning over **5** continents performed by **45** Surgeons and all this over **3** days only. Our last venture at Leeds UK this year 2018 was also a success with over 500 attendees.

We have prepared an excellent scientific program encompassing Elbow & Shoulder surgery, Trauma & Orthopaedic Sports Medicine. The scientific program will be spread over 2 days with 3 Concurrent halls. The main Emphasis will be On Sessions with Live surgery VS Re-live video Panel Discussions. The theme of this event as always will be **SEE THEM DO IT AND DO IT YOURSELF**.

A geographically diverse and multi-disciplinary **faculty** (around 80) the best in their field is there from all over UK supported by top faculty from Europe, USA, Australia and India to present results from basic research, and the newest operative techniques, highlighting technical pearls and pitfalls.

The Congress is being supported by **BESS UK** (British Elbow & Shoulder Society), **SMAW 2019** and **SESI** (Shoulder & Elbow Society of India) and ISKSAA's partner organisations for the meeting include **BOA, BOSTAA, BIOS**, Edge Hill University from Wrihtington, Derby Shoulder Unit and IMRI from Australia.

Other action packed activities will include the following.

- ISKSAA Congress Party & Dinner on 2nd March 2019 at the venue poolside.
- 100 ISKSAA Clinical Fellowships along with ISKSAA Wrihtington MCH Fellowships for ISKSAA members

We look forward to seeing you participating in ISKSAA BESS UK 2019.

With warm regards



DR PUSHPINDER BAJAJ
ISKSAA PRESIDENT



DR RAJU EASWARAN
CONGRESS PRESIDENT



DR PRATEEK GUPTA
CONGRESS CHAIRMAN



DR SANJAY DESAI
SCIENTIFIC PRESIDENT



DR LALIT MAINI
ISKSAA CHAIRMAN



DR SHEKHAR SRIVASTAV
CONGRESS VICE PRESIDENT



DR DEEPAK JOSHI
CONGRESS SECRETARY



DR RAMAN AGGARWAL
SCIENTIFIC SECRETARY



ISKSAA BESS UK 2019 – CONFERENCE TIPS FOR PARTICIPANTS

Dear Friends,

It is a great pleasure for us to welcome you to the 13th International Congress of ISKSAA (International Society for Knowledge for Surgeons on Arthroscopy and Arthroplasty), to be held from 2nd – 3rd March 2019 at the Radisson Plaza Hotel, Mahipalpur, New Delhi. We hope that you will enjoy the scientific program with plenary, keynote, oral and poster presentations by internationally and nationally renowned experts.

In addition to the information available on the conference website <http://www.isksaa.com/isksaa2019/index.php>, we have compiled some additional useful information in order to facilitate your participation and stay for the event.

PROGRAM SCHEDULE:

Please visit the [link:http://www.isksaa.com/isksaa2019/provisional-scientific-programme.phpto](http://www.isksaa.com/isksaa2019/provisional-scientific-programme.phpto) know program schedule for the conference.

VENUE LAYOUT:

Please visit the link: <http://www.isksaa.com/isksaa2019/pdf/Tradelayout.pdf> to get the Convention Layout.

HOTELS WITH DISTANCE FROM THE VENUE:

With an ideal location less than five kilometers (10 minutes) from Indira Gandhi International Airport (DEL), the Radisson Blu Plaza Delhi Airport provides upper upscale accommodations and convenient city access. The hotel is also located close to Delhi's shopping malls, including DLF Emporio mall, Ambience Mall and the shops at Connaught Place.

Nearby Transportation :

- Aerocity Metro Station – 0.5km
- Indira Gandhi International Airport Terminal 3 – T3 – 5km
- Indira Gandhi International Airport Terminal 1 – T1 – 7km

ARRIVAL AT THE VENUE:

1. You are encouraged to use Public transport or shared transport as parking is limited at the venue Hotel.
2. Delhi Airport is 10min by cab and the Railway station is around 45 min by cab.
3. Registration counters, Exhibit area and the congress proceedings are on the Ground floor

REGISTRATION / ACCOMODATION / PAYMENTS:

Delegate / Faculty Registration will start 7.00am on 2ndMarch. You are requested to bring your Registration voucher with REGISTRATION NUMBER along with any ID with you to avoid delays in the registration process. For Spot registration / due payments, you are encouraged to bring cash rather than credit card to avoid delays.

Registration Category (includes access to scientific halls, exhibit area and 2 lunches)	Onsite Subject To Availability (Wef 1st March 2019)	
	Indian	SAARC / International
ISKSAA Member / Fellow Delegate	Rs 10000	\$ 200
Non Member Delegate / Faculty / Exhibitor	Rs 11000	\$ 225
Postgraduate Delegate (Letter From HOD)	Rs 9000	\$ 175
Physiotherapy Delegate	Rs 8000	\$ 150
Accompanying Person (spouse / children only)	Rs 6000	\$ 110
3rd March ONE day registration Physiotherapy Delegate	Rs 3000	\$ 50
Venue Hotel Room Single/Double Occupancy Only Per night all inclusive SUBJECT TO AVAILABILITY	Rs 10000	\$ 150
Lunch Coupons	Rs 1200	\$ 20
Congress Dinner and Party 2nd March 2019 Coupons	Rs 4000	\$ 60
Replacement Badge	Rs 1000	\$ 15



For those with Hotel Accomodation, make your way to the Hotel reception for check in after Registration. Please bring your registration voucher as proof of payment. Hotel rooms will be available on room and breakfast basis to registered delegates / trade exhibitors subject to availability at a price of Rs 10,000/- including taxes per night at the Spot registration counter.

For info on Tours / Travels / Hotel stay outside the venue, please contact Atul Sharma 9899216981

DELEGATE / FACULTY BADGES

Entry to the Scientific area including the Scientific halls and Exhibit area will be by CONGRESS BADGES only for all faculty & delegates. Under NO circumstances will entry be allowed to anybody without an appropriate badge. Please wear your badge at all times as it guarantees admission to the Exhibit area and Scientific convention areas. Depending on your registration, the badge will have coupons for the Lunches, Dinner & Delegate kit.

Lost badges may only be replaced at a payment of Rs 1000/- at the Spot Registration / ISKSAA counter upon proof of original payment.

COFFEE BREAKS / LUNCH / BANQUET DINNER

Tea / Coffee Breaks will be from 07.00 – 08.00 am, 10.00 – 11.00 am and 16.00 – 17.00 pm daily around the exhibit area for the registered delegates / faculty / trade exhibitors. Lunch will be available daily 12.00-3.00pm at the venue for registered delegates / faculty upon presenting their badge. If you wish to purchase any coupons for guests / trade, you may do so at the Spot registration Counter / ISKSAA Help Desk.

ISKSAA XYATA HELP DESK

ISKSAA Help Desk is set for your convenience. All inquiries for Membership, certificates, receipts, Fellowships, transport help & accommodation / travel inquiries will be dealt here.

1. **Delegate kit and a copy of the Congress proceedings** will be available from 8.00am on the 2nd March after completion of registration formalities to all registered delegates upon presenting their coupon.
2. Requests for **Receipts** for payment will be provided after the event by sending a request at isksaaeducation@gmail.com
3. Conference participation / paper presentation / fellowship **Certificates** will be provided as a soft copy after the event by sending a request at isksaaeducation@gmail.com
4. **Cloakroom facilities** are available at the ISKSAA XyataCounter.
5. **Internet** is free for the hotel residents.
6. **ISKSAA Memberships** will be open at the ISKSAA Helpdesk on 3rd March at Rs 8000/- /\$ 180. Post congress the rates are likely to be revised
7. **ISKSAA 2019 Fellowships shortlisting list** is put up outside ROOM E. Interviews for the shortlisted candidates will be on the 2nd March in Room E as per the schedule setup.
8. **ISKSAA WrightingtonMCh Fellowship Interviews** will be on the 3rd March in Rooms D & E for the invited delegates.

SCIENTIFIC HALLS / PROGRAMME

1. You are requested to attend the **ISKSAA BESS UK 2019 Welcome Session** on 2nd March at 09.00am at Hall A.
2. You are requested to attend the **ISKSAA Fellows Presentation Session** on 3rd March at 09.00am at Hall C.
3. Keep your **mobiles** on Vibratory mode in the Convention areas and do not answer calls in the Scientific halls.
4. **Preview space** is available outside Hall A. All paper presenters are requested to stick to their allocated time and arrive on time for their respective sessions.
5. **Posters** will be put up on 2nd and the 3rd March outside Rooms D & E for viewing at the designated areas. You are all requested to visit the Poster area.
6. You are requested to attend the **Closing Ceremony** on 3rd March at 5.30pm in Hall A where the BIOTEK Best Award paper / BIOTEK Best poster presentation and ISKSAA Fellowship results will be presented.



IMPORTANT NUMBERS:

ISKSAA BESS UK 2019 Organizing Committee hopes that you all have an enjoyable Conference. For any help you need, please do not hesitate to contact us at isksaaeducation@gmail.com

FOR ANY GENERAL QUERIES YOU MAY CONTACT		
NAME	DESIGNATION	MOBILE
DR PUSHPINDER BAJAJ	ISKSAA PRESIDENT	9811056525
PROF LALIT MAINI	ISKSAA CHAIRMAN	9968604324
DR RAJU EASWARAN	CONGRESS PRESIDENT	9810127577
DR PRATEEK GUPTA	CONGRESS CHAIRMAN	9810852876
DR SHEKHAR SRIVASTAV	CONGRESS VICE PRESIDENT	9818241028
DR DEEPAK JOSHI	CONGRESS SECRETARY	9810430634
DR SANJAY DESAI	SCIENTIFIC PRESIDENT	9821024696
DR R K AGARWAL	SCIENTIFIC SECRETARY	9958036789

QUERIES	NAME	MOBILE
CONGRESS MANAGER	ZIA AHMED	9650020175
FACULTY / DELEGATE / TRADE REGISTRATION	ATUL SHARMA	9899216981
SPOT REGISTRATION / PAYMENTS / ISKSAA HELPDESK	DHRUV SHARMA	8800097591
HOTEL ACCOMODATION	OVESH TALASHI	9999177450
TOURS / TRANSPORT DELEGATES	SUDHIR	9716802158
FACULTY TRANSPORT	SKM THYAGARAJAN	9811424265
TRADE / STALLS / POSTERS	PRAVEEN	9818474242
AUDIO VISUAL / PREVIEW ROOM	ABHISHEK	9810017116
ISKSA HELPDESK	BHARAT	9958288036
	RAVI	9811433963
	MAHINDER	9810865973

We look forward to seeing you in New Delhi.

Warm regards

Dr Pushpinder Bajaj
ISKSAA President



The Team...

DR PUSHPINDER BAJAJ
ISKSAA PRESIDENT

DR RAJU EASWARAN
CONGRESS PRESIDENT

DR PRATEEK GUPTA
CONGRESS CHAIRMAN

DR SANJAY DESAI
SCIENTIFIC PRESIDENT

DR LALIT MAINI
ISKSAA CHAIRMAN

DR SHEKHAR SRIVASTAV
CONGRESS VICE PRESIDENT

DR DEEPAK JOSHI
CONGRESS SECRETARY

DR RAMAN AGGARWAL
SCIENTIFIC SECRETARY

PATRONS

PROF J KRISHNAN

DR VB BHASIN

DR J MAHESHWARI

DR DEEPAK CHAUDHARY

DR IPS OBEROI
(VICE PRESIDENT IAS)

DR RAM CHIDAMBARAM
(PRESIDENT SESI)

ISKSAA PRESIDENT

DR PUSHPINDER SINGH BAJAJ

ISKSAA CHAIRMAN

PROF LALIT MAINI

ISKSAA ACADEMICS CHAIR (INDIA)

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ISKSAA ACADEMICS CHAIR (UK)

DR RAJU EASWARAN

DIRECTOR EDUCATION

MR RAJESH SETHI

CONGRESS PRESIDENT

DR RAJU EASWARAN

CONGRESS VICE PRESIDENT

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ORGANISING SECRETARY DESK (UK)

MR AMOL TAMBE

MR KAPIL KUMAR

MR PUNEET MONGA

PROF RAJ MURALI

MR VED GOSWAMI

MR VIJAY BHALAIK

SCIENTIFIC COMMITTEE DESK

DR AMIT NATH MISHRA

DR MANIT ARORA

DR S SUNDARARAJAN

FREE PAPERS / POSTERS

PROF LALIT MAINI

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ISKSAA BESS LIVE SURGERY TEAM (SPORTS INJURY CENTRE)

CHAIRMAN

DR R K ARYA

DIRECTOR

DR HIMANSHU KATARIA

SECRETARY

DR DEEPAK JOSHI

JOINT ORGANISING SECRETARIES

DR SKAND SINHA

DR VINEET JAIN

SCIENTIFIC TEAM

DR ANKIT GOYAL

DR HIMANSHU GUPTA

DR AJAY

DR NITIN MEHTA

DR PALLAV MISHRA

DR JASWANT KUMAR



ISKSAA 2019 AWARDS...

- There will be a **BIOTEK award** for the Best Free Paper wherein innovative research will be selected for presentation.
- There will be a **BIOTEK award** for the best Poster Presentation.
- **ISKSAA RESEARCHER OF THE YEAR AWARD:** The winner will be selected by the ISKSAA panel and will get full waiver of the registration fees for ISKSAA 2019, Publication in JAS and will be awarded the “ISKSAA Researcher of the year” award.

ISKSAA 2019 FELLOWSHIPS...

We are happy to announce **100 Clinical Fellowships** for ISKSAA 2019 Congress ranging from 2 weeks to 1 month in India and Abroad (UK, USA, Australia & Europe) only for ISKSAA Life members.

CODE	FELLOWSHIP	FIELD OF ORTHOPAEDICS	NO. OF POSTS	COUNTRY
001	ISKSAA IMRI AUSTRALIA TRAVELLING FELLOWSHIPS	ARTHROSCOPY & ARTHROPLASTY KNEE/ SHOULDER	2019 – 2 2020 – 6	AUSTRALIA
002	ISKSAA SPORTSMED TRAVELLING FELLOWSHIPS	ARTHROSCOPY, ARTHROPLASTY & PORTS MEDICINE	2020 – 2	AUSTRALIA
003	ISKSAA BASK TRAVELLING FELLOWSHIPS	ARTHROSCOPY & ARTHROPLASTY KNEE	2020 – 2	UK
004	ISKSAA BOA TRAVELLING FELLOWSHIPS	ARTHROSCOPY & ARTHROPLASTY KNEE	2019 – 2	UK
005	ISKSAA ABERDEEN TRAVELLING FELLOWSHIPS	ARTHROSCOPY & ARTHROPLASTY SHOULDER	2019 – 2 2020 – 4	UK
006	ISKSAA BIRMINGHAM PATELLOFEMORAL TRAVELLING FELLOWSHIPS	ARTHROSCOPY AND ARTHROPLASTY KNEE WITH SPECIAL EMPHASIS PATELLOFEMORAL PATHOLOGIES	2019 – 3	UK
007	ISKSAA WRIGHTINGTON TRAVELLING FELLOWSHIPS	UPPER LIMB SURGERY	2019 – 2 2020 – 2	UK
008	ISKSAA MIDLANDS UK TRAVELLING FELLOWSHIPS	ARTHROSCOPY & ARTHROPLASTY KNEE & SHOULDER	2019 – 2 2020 – 2	UK
009	ISKSAA EDGE HILL UNIVERSITY TRAVELLING FELLOWSHIPS	ARTHROSCOPY & ARTHROPLASTY	2019 – 2 2020 – 2	UK
010	ISKSAA DERBY TRAVELLING FELLOWSHIPS	ARTHROSCOPY & ARTHROPLASTY SHOULDER AND ELBOW	2019 – 1 2020 – 1	UK



CODE	FELLOWSHIP	FIELD OF ORTHOPAEDICS	NO. OF POSTS	COUNTRY
011	ISKSAA LANCASHIRE TRAVELLING FELLOWSHIPS	ARTHROSCOPY & ARTHROPLASTY UPPER LIMB MAINLY SHOULDER & ELBOW	2019 – 2 2020 – 2	UK
012	ISKSAA BUCKINGHAMSHIRE TRAVELLING FELLOWSHIPS	ARTHROSCOPY & ARTHROPLASTY KNEE & HIP	2019 – 2 2020 – 2	UK
013	ISKSAA LEICESTER TRAVELLING FELLOWSHIPS	ARTHROSCOPY & ARTHROPLASTY KNEE & SHOULDER WITH HIP ARTHROPLASTY	2019 – 2 2020 – 2	UK
014	ISKSAA BESS TRAVELLING FELLOWSHIPS	SHOULDER & ELBOW	2019 – 2 2020 – 2	UK
015	ISKSAA BOSTAA TRAVELLING FELLOWSHIPS	ARTHROSCOPY, SPORTS MEDICINE AND ARTHROPLASTY	2019 – 2	UK
016	ISKSAA UK LONG TERM FELLOWSHIPS	TRAUMA / KNEE & SHOULDER SURGERY	2020 – 2	UK
017	ISKSAA Tel Aviv Shoulder Institute ISRAEL FELLOWSHIPS	ARTHROSCOPY & ARTHROPLASTY SHOULDER	2019 – 2 2020 – 2	ISRAEL
018	ISKSAA BASEL TRAVELLING FELLOWSHIPS	KNEE & SHOULDER SURGERY INCLUDING TRAUMA	2019 – 2 2020 – 2	SWITZERLAND
019	ISKSAA ITALY TRAVELLING FELLOWSHIPS	SHOULDER & ELBOW ARTHROSCOPY & ARTHROPLASTY	2019 – 2 2020 – 2	ITALY
020	ISKSAA COLUMBIA TRAVELLING FELLOWSHIPS	HIP PRESERVATION & RECONSTRUCTION & KNEE ARTHROSCOPY	2020 – 2	USA
021	ISKSAA DELHI TRAVELLING FELLOWSHIPS	ARTHROSCOPY & ARTHROPLASTY	2019 – 2 2020 – 2	INDIA
022	ISKSAA DELHI FELLOWSHIPS	ARTHROSCOPY & ARTHROPLASTY KNEE & SHOULDER	2019 – 2 2020 – 2	INDIA
023	ISKSAA FORTIS ISIC DELHI FELLOWSHIPS	ARTHROSCOPY & ARTHROPLASTY KNEE/ SHOULDER	2019 – 2 2020 – 2	INDIA
024	ISKSAA PUNE TRAVELLING FELLOWSHIPS	ARTHROSCOPY & ARTHROPLASTY SHOULDER	2019 – 2	INDIA
025	ISKSAA GANGA TRAVELLING FELLOWSHIPS	ARTHROSCOPY & ARTHROPLASTY	2019 – 2 2020 – 2	INDIA
026	ISKSAA SICOT GANGA FELLOWSHIPS	ARTHROSCOPY & ARTHROPLASTY	2020 – 1	INDIA
027	ISKSAA PUNJAB TRAVELLING FELLOWSHIPS	KNEE & HIP ARTHROPLASTY & ORTHOPAEDICS	2019 – 2 2020 – 2	INDIA
028	ISKSAA BIOTEK TRAVELLING FELLOWSHIPS	ARTHROSCOPY / ARTHROPLASTY KNEE/ SHOULDER	2020 – 4	INDIA



Our Faculty...

USA 

DR SRINATH
KAMINENI

DR SUMANT
KRISHNAN MD

AUSTRALIA 

PROF JEGAN
KRISHNAN

DR NICHOLAS
WALLWORK

DR JANAK MEHTA

DR SUNIL P REDDY

NEW ZEALAND 

DR KHALID
MOHAMMED

ISRAEL 

DR ERAN MAMAN

FRANCE 

DR PASCAL GLEYZE

BESS UK 

MR CORMAC KELLY

MR MARCUS
BATEMAN

MR MARK SIMON
FALWORTH

MR PETER
BROWNSON

MR VIJAY BHALAIK



UK

MR AMOL TAMBE	MR APURV SINHA	MR BENJAMIN OLLIVERE	MR HARVINDER PAL SINGH
MR KAPIL KUMAR	MR MAKARAM SRINIVASAN	MR MICHAEL DOBSON	MR R PANDEY
MR RAJESH NANDA	PROF RAJ MURALI	MR SANJEEV ANAND	MR SUMEDH TALWALKAR
MR VIJAY KAMATH			

Indian Faculty

DR MANIT ARORA CHANDIGARH	DR KARTHIK VISHWANATHAN GUJARAT	DR MANOJ MEHTA GUJARAT	DR NILESH SHAH GUJARAT
DR PARAG SHAH GUJARAT	DR SANJAY TRIVEDI GUJARAT	DR AMRESH GHAI HARYANA	DR ASHISH DEVGAN HARYANA
DR CHIRAG THONSE KARNATAKA	DR HARSHITA SURANGE KARNATAKA	DR HEMANTH KARNATAKA	DR D MADAN TEMKER KARNATAKA
DR VIVEK PANDEY KARNATAKA	DR MILIND PIMPRIKAR MAHARASHTRA	DR MUKESH LADDHA MAHARASHTRA	DR NIKHIL LIKHATE MAHARASHTRA
DR PRASAD BHAGUNDE MAHARASHTRA	DR SANJAY DESAI MAHARASHTRA	DR SWAPNIL KENY MAHARASHTRA	DR DILBANS SINGH PANDHER PUNJAB
DR RAM CHIDAMBARAM TAMIL NADU	DR SUNIL APSINGI TELANGANA	DR AMIT AGARWAL UTTAR PRADESH	DR KANCHAN BHATTACHARYA WEST BENGAL
DR RK AGARWAL DELHI	DR AKASH SABHARWAL DELHI	DR AMIT MISHRA DELHI	DR ANUJ DOGRA DELHI
DR ASHISH TANEJA DELHI	DR VB BHASIN DELHI	DR DARSH GOYAL DELHI	DR DEEPAK CHAUDHARY DELHI
DR DEEPAK JOSHI DELHI	DR GERD MUELLER DELHI	DR GURINDER BEDI DELHI	DR HARPREET SINGH DELHI
DR LALIT MAINI DELHI	DR NAFISA BATTA DELHI	DR PARVEEN GULATI DELHI	DR PRATEEK GUPTA DELHI
DR PRAVEEN TITTAL DELHI	DR PUSHPINDER BAJAJ DELHI	DR RAJU EASWARAN DELHI	DR RAVI MITTAL DELHI
MR SAURABH AGGARWAL DELHI	DR VD SHARMA DELHI	DR SHASHANK MISRA DELHI	DR SHEKHAR SRIVASTAV DELHI
DR VANDANA PHADKE DELHI			



Program at a Glance....

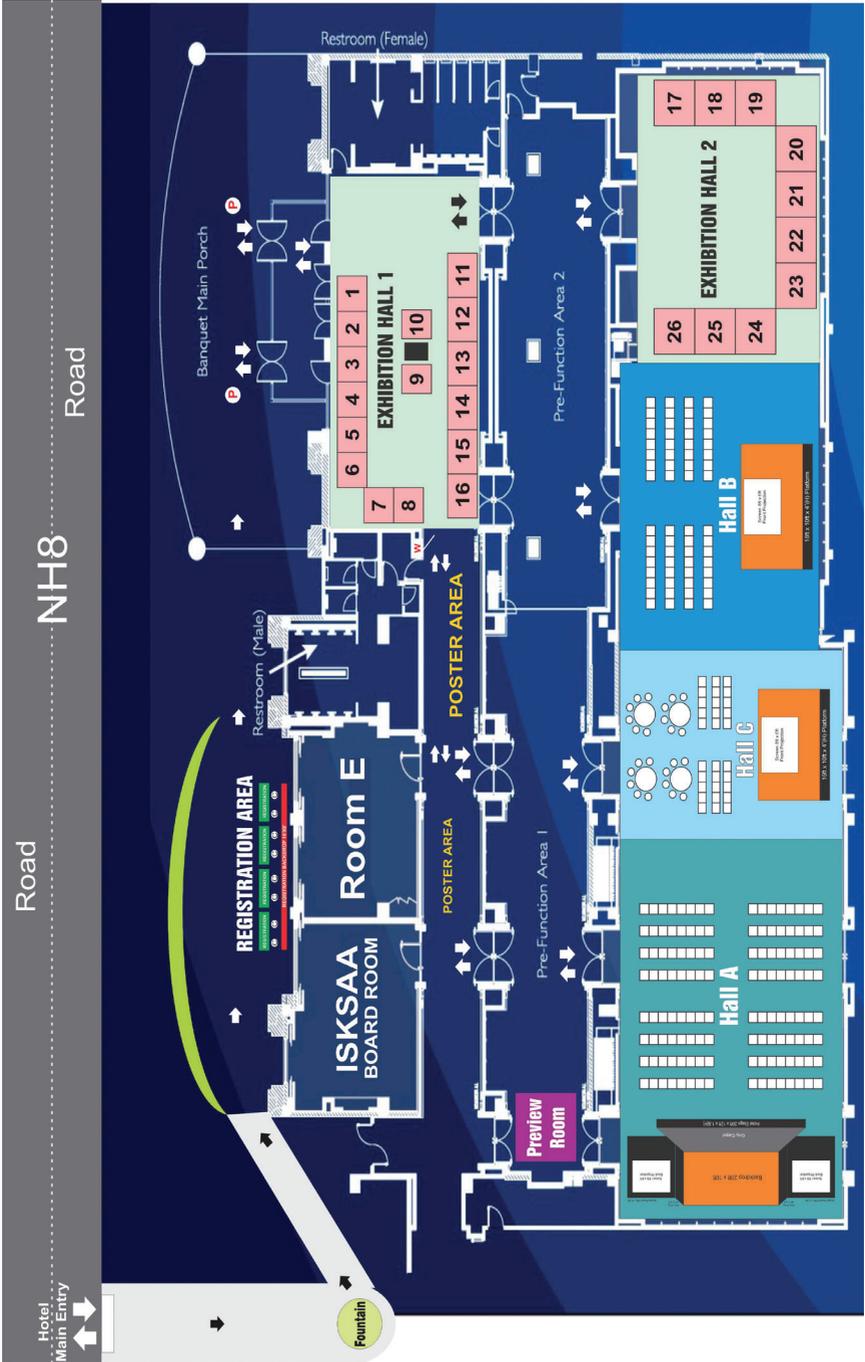
ISKSAA BESS UK 2019 RADISSON PLAZA HOTEL, MAHIPALPUR, NEW DELHI 2ND MARCH 2019										
TIMING	HALL A	HALL B	HALL C	HALL D	HALL E					
07.00 - 08.00	DELEGATES REGISTRATION AND WELCOME COFFEE BREAK									
08.00 - 09.00	ELBOW FUNDAMENTALS									
09.00 - 10.00	INAUGURATION AND ISKSAA WELCOME SESSION HALL A WITH SESSIONS BY BESS, SESI, SMAW2019 & BIOS									
10.00 - 10.15	MORNING COFFEE BREAK									
10.15 - 10.30						ELBOW ARTHROSCOPY & SPORTS MEDICINE				
10.30 - 10.45						MORNING COFFEE BREAK				
10.45 - 11.00						ELBOW TRAUMA				
11.00 - 12.00	MSK ULTRASOUND SHOULDER WORKSHOP									
12.00 - 13.00	LUNCH BREAK									
13.00 - 14.00	PANEL DISCUSSION ZIMMERBIOMET									
14.00 - 15.00	COMBINED BJJ, SHOULDER & ELBOW JOURNAL AND JA'S SESSION									
15.00 - 15.15	AFTERNOON COFFEE BREAK									
15.15 - 15.30						SHOULDER TRAUMA I				
15.30 - 16.00						SHOULDER TRAUMA II				
16.00 - 16.15	REVERSE SHOULDER ARTHROPLASTY									
16.15 - 16.30	AWARD PAPERS SESSION									
16.30 - 17.00	ALL AROUND THE SHOULDER WORKSHOP (SMITH & NEPHEW)									
17.00 - 17.30	LATARIET WORKSHOP (BIOTEK)									
17.30 - 18.00	SHOULDER SURGERY FROM DALLAS USA									
18.00 - 18.30	ISKSAA 2019 FELLOWSHIPS INTERVIEWS									
18.30 - 19.00	ISKSAA 2018 FELLOWSHIPS INTERVIEWS									
19.00 - 20.00	ISKSAA BOARD MEETINGS									
20.00 - 23.00	ISKSAA CONGRESS PARTY AND DINNER									



ISKSAA BESS UK 2019 RADISSON PLAZA HOTEL, MAHIPALPUR, NEW DELHI 3RD MARCH 2019				
TIMING	HALL A	HALL B	HALL C	HALL D
07.00 - 08.00		WELCOME COFFEE BREAK		
08.00 - 09.00	OVERHEAD ATHLETE (SMW 2019 SESSION) WITH LIVE SURGERY	ISKSAA RESEARCH SYMPOSIUM	ISKSAA FELLOWS SESSION	
09.00 - 10.00				
10.00 - 10.15	MORNING COFFEE BREAK	MORNING COFFEE BREAK		
10.15 - 10.30	FROZEN SHOULDER / CALCIFIC TENDONITIS / BICEPS PATHOLOGY			
10.30 - 11.00				
11.00 - 12.00	SHOULDER INSTABILITY WITH LIVE SURGERY	CURRENT CONCEPTS SOFT TISSUE KNEE	ISKSAA RESEARCHER OF THE YEAR AWARD SESSION	ISKSAA MCh FELLOWSHIPS INTERVIEWS
12.00 - 12.30		PHYSIOTHERAPY SESSION : TENNIS ELBOW	FREE PAPER SESSION : UPPER LIMB	
12.30 - 13.00		PHYSIOTHERAPY SESSION : SHOULDER		
13.00 - 13.15				
13.15 - 13.30				
13.30 - 14.00	LIVE SURGERY BANKART'S REPAIR BIOTEK			
14.00 - 14.30		PHYSIOTHERAPY SESSION : SHOULDER INJURIES	FREE PAPER SESSION : UPPER LIMB	ISKSAA MCh FELLOWSHIPS INTERVIEWS
14.30 - 15.00		PHYSIOTHERAPY SESSION : SHOULDER INSTABILITY	FREE PAPER SESSION : ARTHROPLASTY	
15.00 - 16.00	CUFF TEARS SHOULDER WITH LIVE SURGERY			
16.00 - 16.15		AFTERNOON COFFEE BREAK		
16.15 - 16.30				
16.30 - 16.45	AFTERNOON COFFEE BREAK			
16.45 - 17.00	LIVE REVERSE SHOULDER	PHYSIOTHERAPY SESSION : ROTATOR CUFF PAIN	FREE PAPER SESSION : SOFT TISSUE KNEE	ISKSAA MCh FELLOWSHIPS INTERVIEWS
17.00 - 17.30	ARTHROPLASTY ZIMMERBIOMET			
17.30 - 18.00	AWARDS & FELLOWSHIPS RESULTS, TRAINING OPTIONS AND FELICITATIONS HALL A			



Convention & Trade Layout....





ISKSAA BESS UK 2019 2 ND MARCH 2019 (SATURDAY) HALL A		
ANCHOR : Shashank Misra / Shekhar Srivastav		
TIME	TOPIC	SPEAKER / FACULTY
07.00 – 08.00	DELEGATES REGISTRATION AND WELCOME COFFEE BREAK	
08.00 – 09.00	SESSION 1 : ELBOW FUNDAMENTALS Moderators : Sumedh Talwalkar UK, Raj Murali UK, Saurabh Agarwal UK	
08.00 – 08.10	Key note Video : How I examine a painful athletic elbow?	Srinath Kamineni USA
08.10 – 08.30	Interactive : Diagnostic imaging-let's try and learn	Parveen Gulati
08.30 – 08.40	Compression Neuropathies around the elbow : Diagnosis & Management	Vijay Kamath UK
08.32 – 08.40	Pearls & Pitfalls : Arthroscopic Arthrolysis of a stiff elbow	Nilesh Shah
08.48 – 08.56	Rehab for Injured Elbow	Marcus Bateman UK
08.56 – 09.00	Questions & Answers	
09.00 – 10.00	INAUGURATION AND ISKSAA WELCOME SESSION WITH SESSIONS BY BESS, SESI, SMAW2019 & BIOS Master of Ceremony : Anuj Dogra Moderators : Deepaj Joshi, Shekhar Srivastav	
09.00 – 09.05	Welcome of Dignitaries Congress Secretary	Deepak Joshi
09.05 – 09.15	Welcome address ISKSAA President	Pushpinder Bajaj
09.15 – 09.20	Lamp Lighting	
09.20 – 09.24	ISKSAA BESS 2019 Congress President Address	Raju Easwaran
09.24 – 09.28	ISKSAA BESS 2019 Congress Chairman Address	Prateek Gupta
09.28 – 09.32	ISKSAA BESS 2019 Scientific President Address	Sanjay Desai
09.32 – 09.37	BESS President Address	Peter Brownson UK
09.37 – 09.42	SESI President Address	Ram Chidambaram
09.42 – 09.46	ISKSAA BESS 2019 Scientific Secretary report	Raman K Aggarwal
09.46 – 09.51	ISKSAA Fellowships: A dream come true ISKSAA Chief Patron	Jegan Krishnan Australia
09.51 – 09.56	ISKSAA Today and Tomorrow ISKSAA Chairman	Lalit Maini
09.56 – 10.00	Vote of thanks Congress Vice President	Shekhar Srivastav
10.00 – 10.45	SESSION 2 : ELBOW ARTHROSCOPY & SPORTS MEDICINE Moderators : Kanchan Bhattacharya, Manit Arora, Harpreet Singh	
10.00 – 10.08	How to reduce complications in elbow arthroscopy?	Rajesh Nanda UK
10.08 – 10.16	Video - Distal biceps rupture - how I fix?	Vijaya Bhalai UK
10.16 – 10.24	Tennis elbow - Current status: biologics or knife?	Cormac Kelly UK
10.24 – 10.32	Video—USG guided PRP injection in Tennis elbow	Cormac Kelly UK
10.32 – 10.40	Thrower's elbow - How do I manage?	Srinath Kamineni USA
10.40 – 10.45	Questions & Answers	
10.45 – 11.00	MORNING COFFEE BREAK	
11.00 – 13.00	SESSION 3 : ELBOW TRAUMA Moderators- Ben Ollivere UK, Ravi Mittal, Shekhar Srivastav	
11.00 – 11.08	Distal humerus fracture - Patterns and management	Ben Ollivere UK
11.08 – 11.16	Hemi Arthroplasty in Distal Humeral fractures	Sumedh Talwalkar UK
11.16 – 11.24	Terrible triad - Strategies & approaches	Ben Ollivere UK
11.24 – 11.32	PLRI demystified - How to identify and repair?	Ram Chidambaram
11.32 – 11.40	Debate: Mason type 3 & 4 radial head fracture - fix or replace	Ram Chidambaram vs Parag Shah
11.40 – 12.00	Panel Discussion - Case based scenario Moderator – Parag Shah	



12.00 – 13.00	VIDEO SYMPOSIUM Moderator – Gurinder Bedi, Vijaya BhalaiK UK	
12.00 – 12.15	Video – Arthroscopic release of stiff arthritic elbow	Vijaya BhalaiK UK
12.15 – 12.30	Video – Total Elbow Arthroplasty	Amol Tambe UK
12.30 – 12.45	Video – Radial Head Replacement BIOTEK	Parag Shah
12.45 – 13.00	Questions & Answers	
13.00 – 14.00	LUNCH BREAK	
14.00 – 15.15	SESSION 4 : SHOULDER FUNDAMENTALS Moderators : Kanchan Bhattacharya, Amit Mishra, Harpreet Singh	
14.00 – 14.08	Examining a patient with shoulder instability	Khalid Mohammed NZ
14.08 – 14.16	Examining a painful shoulder--Arriving at a diagnosis!	Janak Mehta Australia
14.16 – 14.30	Live demonstration on a patient & Discussion	Janak Mehta Australia
14.30 – 14.45	Interactive : Diagnostic imaging-let's try and learn	Nafisa Batta
14.45 – 14.55	BESS guidelines for first time dislocators	Peter Brownson UK
14.55 – 15.05	Surgical approaches --Avoiding complications	Akash Sabbharwal
15.05 – 15.15	Questions & Answers	
15.15 – 16.00	SESSION 5 : SHOULDER TRAUMA I Moderators : Vijay Kamath UK, R Pandey UK, Gurinder Bedi	
15.15 – 15.23	Clavicle fractures – Avoiding complications	Vijaya BhalaiK UK
15.23 – 15.31	Scapular fractures-Which ones to fix ?	Ram Chidambaram
15.31 – 15.39	AC Joint – management of chronic injuries	Mark Falworth UK
15.39 – 16.00	Panel Discussion : Acute & Chronic ACJ injuries, Weight-lifter's shoulder and neglected cases Moderator – Kapil Kumar UK	
16.00 – 16.10	AFTERNOON COFFEE BREAK	
16.10 – 17.30	SESSION 6 : SHOULDER TRAUMA II Moderators : Rajesh Nanda UK, Eran Maman Israel, Sanjay Desai	
16.10 – 16.18	Fracture personality--Classifications & relevance	Kapil Kumar UK
16.18 – 16.26	Decision making in managing proximal humerus fractures	Rajesh Nanda UK
16.26 – 16.34	Fixation in proximal humerus fractures - Tips, tricks and pitfalls	Parag Shah
16.34 – 16.42	Minimally invasive Techniques--How to minimise complications	R K Pandey UK
16.42 – 16.50	Hemi-Arthroplasty/ Reverse in proximal humerus fracture. Tips, tricks and pitfalls	Sanjay Desai
16.50 – 17.15	Panel Discussion (Case based, to include neglected trauma / sequelae of PHF & Treatment) Moderator – Raman K Aggarwal, Sanjay Desai	
17.15 – 17.30	VIDEO SYMPOSIUM Moderator – Ravi Mittal, Shashank Misra	
17.15 – 17.30	Video--Tuberosity fixation in Arthroplasty	Eran Maman, Israel
17.30 – 18.30	SESSION 7 : REVERSE SHOULDER ARTHROPLASTY Moderators : Sunil Reddy Australia, Kapil Kumar UK, Gurinder Bedi	
17.30 – 17.38	Reverse Shoulder Replacement – Design rationale & evolving concepts	Mark Falworth UK
17.38 – 17.46	How to do a good RSR which will last – technical tips & Pearls	Cormac Kelly UK
17.46 – 17.54	Complications of RSR	Jegan Krishnan Australia
17.54 – 18.10	Video – RSR	Apurv Sinha UK
18.04 – 18.30	Panel Discussion on case based scenarios Moderator – Raman K Agarwal	
20.00 – 23.00	ISKSAA CONGRESS DINNER & PARTY	



ISKSAA BESS UK 2019 2 ND MARCH 2019 (SATURDAY) HALL B		
ANCHOR : Prateek Gupta / Madan Temker		
TIME	TOPIC	SPEAKER / FACULTY
07.00 – 08.00	DELEGATES REGISTRATION AND WELCOME COFFEE BREAK	
09.00 – 10.00	INAUGURATION AND ISKSAA WELCOME SESSION WITH SESSIONS BY BESS, SESI, SMAW2019 & BIOS IN HALL A Moderators :	
10.00 – 11.00	MORNING COFFEE BREAK	
11.00 – 13.00	MSK ULTRASOUND – SHOULDER - WORKSHOP Moderators : Madan Temker	
11.00 – 11.15	Introduction – MSK Ultrasound	DR.Madan Temker
11.15 – 11.30	Introduction – Knobology of Ultrasound Machine	
11.30 – 11.45	Sono-Anatomy of Shoulder	DR.Harshita Surange
11.45 – 12.00	Ultrasound guided Interventions - Basic	DR.Madan Temker
12.00 – 12.15	Sono-Pathology of Shoulder	DR.Harshita Surange
12.15 – 12.30	Ultrasound Guided Interventions - Advanced	DR.Madan Temker
12.30 – 13.00	Video Presentation Shoulder Ultrasound	
13.00 – 14.00	LUNCH BREAK	
14.00 – 16.00	COMBINED BONE AND JOINT JOURNAL (BJJ) / SHOULDER & ELBOW JOURNAL & JAIS SESSION (Current evidence in Shoulder & Elbow surgery) Moderators : Sanjeev Anand UK, Lalit Maini, Amol Tambe UK	
14.00 – 14.10	Introduction to the Shoulder and Elbow Journal	Peter Brownson UK
14.10 – 14.20	The BJJ and its role in delivering evidence based practice	Benjamin Ollivere UK
14.20 – 14.30	Updates in the JAIS – Journal of Arthroscopy & Joint Surgery	Lalit Maini
14.30 – 15.00	CURRENT EVIDENCE IN SHOULDER & ELBOW SURGERY TRIALS	
14.30 – 14.38	The Clavicle Trials : What are they really telling us	Benjamin Ollivere UK
14.38 – 14.46	The PROFHER Trial : Has it changed practice ?	Kapil Kumar UK
14.46 – 14.54	The C-SAW Trial : What does it mean to us ?	R K Pandey UK
14.54 – 15.00	Discussion	
15.00 – 16.00	CURRENT EVIDENCE IN SHOULDER & ELBOW SURGERY UPDATES	
15.00 – 15.08	Update on Olecranon / coronoid fractures	Harvinder Singh UK
15.08 – 15.16	Managing heterotopic Ossification in elbow trauma	Parag Shah
15.16 – 15.24	Displaced tuberosity fractures in the shoulder	Benjamin Ollivere UK
15.24 – 15.32	Navigation in Shoulder Arthroplasty	Amol Tambe UK
15.32 – 15.40	Elbow OA in the young	Sumedh Talwalkar UK
15.40 – 15.48	Balloon in Irreparable cuff tears	Eram Maman Israel
15.48 – 15.56	Update on Terrible triad injuries of the elbow	Saurabh Agarwal UK
15.56 – 16.00	Discussion	
16.00 – 16.30	AFTERNOON COFFEE BREAK	
16.30 – 17.30	AWARD PAPER SESSION (8 papers 7 min each) Moderators : Janak Mehta Australia, Sanjeev Anand UK, Nick Wallwork Australia	
16.30 – 16.37	Predictive factors influencing return to sports in post-meniscectomy sports persons with stable knee	Shubham Kejrival
16.37 – 16.44	Prediction of length and diameter of semitendinosus tendon autografts using anthropometric measures for knee ligament surgery –A prospective observational study	Souvik Paul



16.44 – 16.51	Role of anthropometric measurement on autogenous hamstring graft sizing in patients with primary arthroscopic acl reconstruction at tertiary care centre of uttarakhand	Amar Singh
16.51 – 16.58	Evaluation of proximal tibia morphology to the available tibial component designs in TKA in the Indian population	Abhishek Mishra
16.58 – 17.05	Optimizing rotational alignment of femoral component in tka by preoperative mri based measurement of condylar twist angle: a prospective interventional study	Jeeno Jayan
17.05 – 17.12	Comparison of anatomic and surgical transepicondylar axis as a reference in establishing femoral component rotation in total knee replacement in indian knees.	Dhruv Sharma
17.12 – 17.19	Does pre-operative expectation of patient impact outcome after total knee arthroplasty?	Nishit Bhatnagar
17.19 – 17.26	Quality of life after total knee arthroplasty as per WHO QOL BREF – A prospective longitudinal study	Yash Rabari
17.26 – 17.30	Discussion	
17.30 – 18.30	ALL AROUND THE SHOULDER WORKSHOP (SMITH & NEPHEW) Moderators : Col Amresh Ghai	
17.30 – 17.40	Partial Rotator Cuff tears : When is surgery indicated ?	Ravi Mittal
17.40 – 17.50	Degenerated Rotator Cuff tear management	Praveen Tittal
17.50 – 18.00	Massive rotator cuff tears : How I repair them ?	Mukesh Laddha
18.00 – 18.10	Subscapularis repair : My way	Milind Pimprikar
18.10 – 18.30	Discussion	
20.00 – 23.00	ISKSAA CONGRESS DINNER & PARTY	

ISKSAA BESS UK 2019 2ND MARCH 2019 (SATURDAY) HALL C		
ANCHOR : Harpreet Singh / Karthik Vishwanathan		
TIME	TOPIC	SPEAKER / FACULTY
07.00 – 08.00	DELEGATES REGISTRATION AND WELCOME COFFEE BREAK	
09.00 – 10.00	INAUGURATION AND ISKSAA WELCOME SESSION WITH SESSIONS BY BESS, SESI, SMAW2019 & BIOS IN HALL A Moderators :	
10.00 – 11.00	MORNING COFFEE BREAK	
12.00 – 13.00	ROTATOR CUFF SURGERY WORKSHOP (SIRONIX) Moderators : Vivek Pandey, Prasad Bhagunde	
12.00 – 12.10	Tips & Pearls	Vivek Pandey
12.10 – 12.20	Decision making : Clinical / Diagnostic / Surgical	Prasad Bhagunde
12.20 – 13.00	HANDSON WORKSHOP – 2 workstations	
13.00 – 14.00	LUNCH BREAK	
14.00 – 14.30	PANEL DISCUSSION : ALL SUTURE VS BIOANCHORS IN INSTABILITY (ZIMMER BIOMET) Moderators : Sanjay Trivedi Panel : Manoj Mehta, Darsh Goyal, Vivek Pandey	



14.30 – 15.00	PANEL DISCUSSION : <ul style="list-style-type: none"> • PLATING vs SHOULDER ARTHROPLASTY IN 4 PART FRACTURES (ZIMMERBIOMET) • TUBEROSITY RECONSTRUCTION IN SHOULDER ARTHROPLASTY (ZIMMERBIOMET) Moderators : Parag Shah Panel : RK Agarwal, Vivek Pandey, Darsh Goyal, Manit Arora, Nikhil Likhate	
16.00 – 16.30	AFTERNOON COFFEE BREAK	
16.30 – 18.00	LATARJET WORKSHOP (BIOTEK) Moderators : Amol Tambe UK, Ram Chidambaram	
16.30 – 16.45	The Rationale of Latarjet Procedure and introduction to BIOTEK Latarjet set	Amol Tambe
16.45 – 17.00	Top technical tips for Latarjet	Ram Chidambaram
17.00 – 18.00	HANDSON WORKSHOP – 2 workstations	
18.00 – 19.00	Live Surgery 1 : LIVE SURGERY FROM DALLAS, USA Arthroscopic Anchorless Transosseus Rotator cuff repair with Biceps tenodesis Moderators : Amit Misra, Raju Easwaran Panel Discussion : Nikhil Likhate, Nick Wallwork Australia, Shekhar Srivastav, Pascal Gleyze France, Khalid Mohammed New Zealand	Sumant Butch Krishnan USA
20.00 – 23.00	ISKSAA CONGRESS DINNER & PARTY	

ISKSAA BESS UK 2019 2 ND MARCH 2019 (SATURDAY) POSTER AREA ANCHOR : Karthik Vishwanathan		
TIME	TOPIC	SPEAKER / FACULTY
08.00 – 17.00	ISKSAA BESS 2019 POSTER SESSION POSTER SETUP 07.00 – 08.00 POSTER DISPLAY 08.00 – 17.00 POSTER ASSESSMENT 14.00 – 15.00 POSTER DISMANTLING 17.00-18.00 Moderators : 14.00 – 15.00 Prof Lalit Maini, Prof J Krishnan Australia	
1	Pseudocyst of humerus-A case report and review of literature	Gajanand Dhaked
2	Spectrum of occupational peripheral nerve injuries due to metallic foreign body	Archit agarwal
3	Clinical and radiological outcome of complex proximal humeral fracture managed with J nails in patient more than 60 years age	Rahul R Agrawal
4	Neglected Isolated fracture dislocation of anatomical neck of humerus – A Rare Report with its Management and literature review	Vishnu Senthil
5	Endoscopic management of osgood-schlatter’s disease in a young football player - a case report, and physiotherapy protocol for return to play.	Milind pimprakar
6	Evaluation of functional analysis of Tendon Augmentation Surgeries in patients presenting with Tendo Achilles rupture- A Prospective study	Nagakiran K.V
7	Total femoral reconstruction as a limb salvage following resection of rare malignant nerve sheath tumour of proximal femur	Naveen BM



8	The relationship between frozen shoulder with thyroid stimulating hormone and haemoglobin A1C	Shriram Krishnamoorthy
9	Evaluation of axillary nerve injury and functional outcome of proximal humeral fractures after fixation with deltoid-splitting approach	Balaji Saibaba
10	Reconstruction after resection of malignant tumour of the proximal humerus with extensive diaphyseal involvement: The Intramedullary Nail glenoid Arthropexy – elbow cementation technique	Kashif Akhtar Ahmed
11	Valgus Inter-trochanteric Osteotomy for Neglected Fracture Neck of Femur- A Simplified Operative Technique	Jujhar Singh
12	Iatrogenic median nerve injury as a result of venous cut down procedure: a rare case report	Anubhav Malhotra
13	To determine the optimal ratio of intramedullary nail diameter to tibial canal diameter that leads to reliable and timely healing in tibial shaft fractures.	Rohit
14	Management of neglected medial swivel dislocation of talonavicular joint – Case report of a rare injury	Himanshu kanwat
15	Functional outcome and early results of titanium elastic nailing of clavicular shaft fractures	Karthik Vishwanathan
16	To assess painless functional ROM of elbow who had stiff/ankylosed elbow due to RA or post-traumatic.	Ayon Ghosh
17	Efficacy of prp and steroid injection in treatment of chronic plantar fasciitis - a prospective double blind study”	Prasad soraganvi
18	Neglected patellar tendon rupture: reconstruction with autologous ipsilateral gracilis- semi tendinosus tendons	Kasi viswanadham mogali
19	Modified technique for coracoacromial ligament transfer in fresh acromioclavicular joint dislocation.	Thejaswi
20	Total hip arthroplasty in 20 years old neglected hip dislocation with acetabular defect – an unusual case and literature review	Parvataneni prathap
21	Comparative Evaluation of Internal Fixation Using Dynamic Hip Screw and Primary Hemiarthroplasty in Unstable Trochanteric Fractures	Ajeet Kumar
22	Aneurysmal Bone cyst of calcaneum	Hariprakash Lokku



ISKSAA BESS UK 2019 3 RD MARCH 2019 (SUNDAY) HALL A		
ANCHOR : Shekhar Srivastav / Shashank Misra		
TIME	TOPIC	SPEAKER / FACULTY
08.00 – 10.00	SESSION 8 : OVERHEAD ATHLETE (SMAW 2019 SESSION) Moderators : Ashish Devgun, Michael Dobson UK, Prateek Gupta	
08.00 – 08.08	Pathomechanics of shoulder injury in overhead athlete	Amol Tambe UK
08.08 – 08.16	Snapping Scapula: Evaluation & management	Cormac Kelly UK
08.16 – 08.24	Strategies for return to sport after surgery	Marcus Bateman UK
08.24 – 08.44	Video—When & How I do a SLAP Repair ?	Peter Brownson UK
08.44 – 08.56	Debate-SLAP lesions: Overdiagnosed & Overtreated?	Vivek Pandey, Michael Dobson UK
08.56 – 09.15	Panel Discussion-GIRD + Ant instability/Painful arc/Multiple pathologies Moderator – Amol Tambe UK	
09.15 – 10.00	Live Surgery 2 (Posterior/postero-superior labral repair) SMITH & NEPHEW Moderator – Peter Brownson UK, Prateek Gupta	Sanjay Desai
10.00 – 10.10	MORNING COFFEE BREAK	
10.10 – 10.50	SESSION 9 : FROZEN SHOULDER / CALCIFIC TENDONITIS / BICEPS PATHOLOGY Moderators : Nilesh Shah, Apurv Sinha UK, VB Bhasin	
10.10 – 10.18	Biceps tenodesis – Indications & Technique	Jegan Krishnan Australia
10.18 – 10.26	Calcific Tendonitis--USG guided Lavage or Arthroscopic Decompression?	Sunil Reddy Australia
10.26 – 10.34	Frozen shoulder-Causes & what works best?	Pascal Gleyze France
10.34 – 10.42	Is there a Role for Arthroscopic Subacromial Decompression in 2019 ?	Harvinder Pal Singh UK
10.42 – 10.50	Questions & Answers	
10.50 – 13.15	SESSION 10 : INSTABILITY Moderators : Jegan Krishnan Australia, Deepak Chaudhary, Sunil Reddy Australia	
10.50 – 10.58	Failed Soft Tissue stabilisation--Evaluation & Management	Nicholas Wallwork Australia
10.58 – 11.06	How do I address bone loss in Instability ?	Sunil Apisingi
11.06 – 11.14	Why does Latarjet fail and its management	Mark Falworth UK
11.14 – 11.22	Debate--Off Track Hill Sachs with Moderate Glenoid bone loss: Bankart+Remplissage Vs Latarjet	Ram Chidambaram VS Sanjay Desai
11.22 – 11.26	Panelists' opinion	
11.26 – 11.50	Panel discussion--Case based scenarios Moderator – Sanjay Desai	
11.50 – 13.15	RELIVE VS LIVE Moderator – Jegan Krishnan Australia, Shashank Misra, Ashish Devgun	
11.50 – 12.10	Video--Arthroscopic Bankart / Bony Bankart Repair	Peter Brownson UK
12.10 – 12.30	Video--Anterior open Bankart's with capsular shift in 2019	Khalid Mohammed NZ
12.30 – 13.15	Live Surgery 3 (Arthroscopic Bankart Repair +/- Remplissage) SIRONIX Moderator – Nilesh Shah, VB Bhasin, Karthik Vishwanathan	Hemanth



13.15 – 14.00	LUNCH BREAKOUT LIVE SURGERY Live Surgery 4 (Arthroscopic Bankart Repair) BIOTEK Moderator – Rajesh Nanda UK, Shekhar Srivastav, Akash Sabbharwal	Deepak Joshi
13.00 – 14.00	LUNCH BREAK	
14.00 – 16.30	SESSION 11 : CUFF TEARS SHOULDER Moderators : Rajesh Nanda UK, Deepak Chaudhary, Shekhar Srivastav	
14.00 – 14.08	Revisiting anatomy & clinical implications	Khalid Mohammed NZ
14.08 – 14.16	Subscapularis Tears--Evaluation & Management	Vivek Pandey
14.16 – 14.24	What makes a cuff tear irreparable?	Michael Dobson UK
14.24 – 14.32	Knotless repair in small cuff tears	Chirag Thonse
14.32 – 14.44	Debate: Single row/TOE Suture bridge--Do outcomes really differ?	Srinath Kamineni USA VS Kapil Kumar UK
14.44 – 15.14	Hamada 3 in a young patient--What works best? Moderator – Rajesh Nanda UK, Deepak Chaudhary, Sunil Reddy Australia	
14.44 – 14.52	Hamada 3 in a young patient--Patch / Graft?	R K Pandey UK
14.52 – 15.00	Hamada 3 in a young patient--Tendon transfers?	Srinath Kamineni USA
15.00 – 15.08	Hamada 3 in a young patient--Superior Capsular Reconstruction?	Nicholas Wallwork Australia
15.08 – 15.14	What to do before RSR – A comparative analysis	Pascal Gleyze France
15.14 – 15.30	Panel Discussion--Case based Scenarios Moderator – Ram Chidambaram	
15.30 – 16.30	RELIVE VS LIVE Moderator – Nicholas Wallwork Australia, Vijay Kamath UK, Vishwadeep	
15.30 – 15.45	Video on Superior Capsular Reconstruction	Peter Brownson UK
15.45 – 16.30	Live Surgery 5 – Arthroscopic Rotator cuff repair ZIMMERBIOMET	Deepak Joshi
16.30 – 16.40	AFTERNOON COFFEE BREAK	
16.40 – 17.30	SESSION 12 : REVERSE SHOULDER ARTHROPLASTY (ZB) Moderators / Panel : Parag Shah, Gurinder Bedi, Pascal Gleyze France	
16.40 – 17.30	Live Surgery 6 (Fixation / Reverse/ Hemi -Arthroplasty in PHF) ZIMMERBIOMET	Raman K Agarwal
17.30 – 18.00	AWARDS, FELLOWSHIPS RESULTS, TRAINING OPTIONS (UK / USA / EUROPE / AUSTRALIA), FELICITATIONS / VOTE OF THANKS	

ISKSAA BESS UK 2019 3RD MARCH 2019 (SUNDAY) HALL B		
ANCHOR : Raju Easwaran / Ashish Taneja		
TIME	TOPIC	SPEAKER / FACULTY
08.00 – 10.00	ISKSAA RESEARCH SYMPOSIUM Moderators : Manit Arora, Ashish Taneja Panel : Ben Ollivere UK, Sumedh Talwalkar UK	



08.00 – 08.12	Introduction	Manit Arora / Ashish Taneja
08.12 – 08.24	Why Research is important in the life of an orthopaedic surgeon?	Ashish Taneja
08.24 – 08.36	How to get involved in research as a PG	Manan Vora
08.36 – 08.48	Research Studies	Tarun Goyal
08.48 – 09.00	Statistics	Vandana Phadke
09.00 – 09.12	Manuscript Preparation	Sujit Tripathy
09.12 – 09.24	Which journal is best for me and how do I decide?	Lalit Maini
09.24 – 09.36	Reviewer's Perspective	Amit Aggarwal
09.36 – 09.48	Conferences - Importance and the art of the presentation	Swapnil Keny
09.48 – 09.55	How can ISKSAA help?	Manit Arora
09.55 – 10.00	Closing / Discussion	Manit Arora / Ashish Taneja
10.00 – 10.30	MORNING COFFEE BREAK	
10.30 – 12.00	IRREPAIRABLE ROTATOR CUFF TEARS Moderators : Shashank Misra, Harpreet Singh	
10.30 – 10.40	Massive Cuff Tears : Tips and tricks	Sanjay Trivedi
10.40 – 11.00	Irreparable Cuff tears : Multiple strategies	Eran Maman Israel
11.00 – 11.20	Video – Arthroscopic Inspace balloon in irreparable cuff tears	Eran Maman Israel
11.20 – 11.30	Decision making in apparently irreparable Rotator Cuff tears	Dilbans Singh Pandher
11.30 – 11.40	Irreparable cuff tears : my strategies	Milind Pimprikar
11.40 – 12.00	Discussion	
12.00 – 12.30	PHYSIOTHERAPY SESSION 1 : TENNIS ELBOW Moderator – Raju Easwaran, Vandana Phadke	
12.00 – 12.15	Differential diagnosis and Non surgical interventions	Gerd Muller
12.15 – 12.25	Use of braces in Tennis elbow	Gerd Muller
12.25 – 12.30	Discussion	
12.30 – 13.00	PHYSIOTHERAPY SESSION 2 : SHOULDER Moderator – Raju Easwaran, Vandana Phadke	
12.30 – 12.40	Current challenges for a physiotherapist working in an Indian setting	Vandana Phadke
12.40 – 12.55	Approaching the Frozen Shoulder	Marcus Bateman
12.55 – 13.00	Discussion	
13.00 – 14.00	LUNCH BREAK	
14.00 – 14.30	PHYSIOTHERAPY SESSION 3 : SHOULDER INJURIES Moderator – Amol Tambe, Gerd Muller	
14.00 – 14.10	Injury prevention in overhead athlete	Gerd Muller
14.10 – 14.25	Sporting Shoulder Injuries	Marcus Bateman
14.25 – 14.30	Discussion	
14.30 – 16.00	PHYSIOTHERAPY SESSION 4 : SHOULDER INSTABILITY Moderator - Amol Tambe, Gerd Muller	
14.30 – 14.50	Classification and Assessment	Amol Tambe
14.50 – 15.10	Management decision making	Marcus Bateman
15.10 – 15.45	Instability Rehabilitation (Including practical demo)	Marcus Bateman
15.45 – 16.00	Discussion	
16.00 – 16.15	AFTERNOON COFFEE BREAK	
16.15 – 17.30	PHYSIOTHERAPY SESSION 5 : ROTATOR CUFF RELATED PAIN Moderators : Amol Tambe, Gerd Muller	
16.15 – 16.25	Understanding the pathology	Marcus Bateman



16.25 – 16.40	Assessment (Including practical demo)	Marcus Bateman / Amol Tambe
16.40 – 16.55	Biomechanical basis for exercise selection for the Rotator cuff	Vandana Phadke
16.55 – 17.10	Rehabilitation (Including practical demo)	Marcus Bateman
17.10 – 17.20	Postop rehabilitation following Cuff repair	Marcus Bateman
17.20 – 17.30	Discussion	
17.30 – 18.00	AWARDS, FELLOWSHIPS RESULTS, TRAINING OPTIONS (UK / USA / EUROPE / AUSTRALIA), FELICITATIONS / VOTE OF THANKS IN HALL A	

ISKSAA BESS UK 2019 3RD MARCH 2019 (SUNDAY) HALL C		
ANCHOR : Vishwadeep, Karthik Vishwanathan		
TIME	TOPIC	SPEAKER / FACULTY
09.00 – 10.00	ISKSAA FELLOWS SESSION FOR FELLOWSHIP REPORT SUBMISSION & INNOVATIVE WORK Moderators : Lalit Maini, Karthik Vishwanathan	
09.00 – 09.05	ISKSAA SPORTSMED Fellowship 2016 Report	Aditya Bhardwaj
09.05 – 09.10	ISKSAA MIDLANDS UK Fellowship 2017 Report	Ankit Khurana
09.10 – 09.15	ISKSAA WRIGHTINGTON Fellowship 2017 Report	Anshul Dahuja
09.15 – 09.20	ISKSAA LEICESTER Fellowship 2016 Report	Archit Aggarwal
09.20 – 09.30	ISKSAA CHAIRMAN's thoughts	Lalit Maini
09.30 – 09.40	Arthroscopy Surgical Skills for Junior Surgeons & beginners	D S Bhamare
09.40 – 09.50	Arthroplasty Surgical Skills for junior Surgeons & beginners	T Y Prasanna
09.50 – 09.55	Case Report Giant Schwannoma of foot	Siddharth Gupta
09.55 – 10.00	Discussion	
10.00 – 10.30	MORNING COFFEE BREAK	
10.30 – 12.00	ISKSAA RESEARCHER OF THE YEAR AWARD SESSION (11 Talks 7 min each) Moderators : Dr Ashish Taneja & Dr Manit Arora	
10.30 – 10.37	Comparative short term outcomes of direct anterior approach and posterior approach in primary total hip arthroplasty	Tarun Goyal
10.37 – 10.44	Run and gait analysis in junior badminton players of South Asia	Manan Vora
10.44 – 10.51	Evaluating suitability of Metaglone and it's anchoring screws in RSA among Indian population	Abhishek Mishra
10.51 – 10.58	Arthroscopic reconstruction of acute ACJ disruptions using dog bone construct, A prospective study.	Yashvanth



10.58 – 11.05	Presence of antero lateral ligament in knees with & without ACL tear in Indian population	Anil Gulia
11.05 – 11.12	A prospective randomised double blind study to analyse efficacy of balanced preemptive analgesia in TKR	Shubranshu Nayak
11.12 – 11.19	Accuracy of Computer Assisted Live Navigation for Glenoid Baseplate Fixation in Severe Glenoid Bone Loss During Reverse Shoulder Arthroplasty	Inayat Panda
11.19 – 11.26	3 D virtual Morphometric analysis of screw size for use in congruent arc latarjet procedure	Rakesh Sherawat
11.26 – 11.33	Results and Outcomes of PRP intra-articular injections for osteoarthritis and cartilage degeneration-A prospective study of single and double spin method	Parthik Vala
11.33 – 11.40	Use of 3D printed models for THR in severely deformed hips	Thejasvi
11.40 – 11.47	Association of vitamin D deficiency and knee OA in Indian patients	Sujit Tripathy
11.47 – 12.00	Discussion	
12.00 – 13.00	FREE PAPER SESSION I (UPPER LIMB) (8 talks 5 min each) Moderators : Michael Dobson UK, Vijay Kamath UK	
12.00 – 12.05	Comparative study on effectiveness of platelet rich plasma injection versus steroid injection in treatment of lateral epicondylitis.	R P Raghavendra Raju
12.05 – 12.10	Role of percutaneous soft tissue release in lateral epicondylitis of elbow	Ankur Dhiman
12.10 – 12.15	USG guided autologous platelet rich plasma infiltration in tennis elbow	Sparsh Naik
12.15 – 12.20	Importance of repair of lateral collateral ligament complex in unstable elbow dislocation: sticking to basics	Anshul Dahuja
12.20 – 12.25	Knotless arthroscopic Bankart's repair: is it the future or are we applauding a tail of failures?	Anish Agarwalla
12.25 – 12.30	Prospective study of functional outcome of suprascapular compression neuropathy due to paralabral cyst at spinoglenoid fossa :- Study of 10 pts	Moidu Shameer
12.30 – 12.35	A modified Mason-Allen technique for mini open rotator cuff repair using Ethibond non absorbable suture- A prospective study	Saurabh Pagdal
12.35 – 12.40	Comparable Functional Outcome of Distal Humerus Fractures with Locked Anatomical Plates And Conventional Recon Plates	JP Khatri
12.40 – 13.00	Discussion	
13.00 – 14.00	LUNCH BREAK	
14.00 – 15.00	FREE PAPER SESSION II (UPPER LIMB) (9 talks 5 min each) Moderators : Apurv Sinha UK, Mark Falworth UK	
14.00 – 14.05	Indication matter in the functional outcome of Reverse Total Shoulder Replacement – A comparative retrospective study	Rajat Banchhor
14.05 – 14.10	Results of mini-open latarjet technique in patients with recurrent anterior dislocations of the shoulder	Dharmendra Kumar



14.10 – 14.15	Functional outcomes of arthroscopic bankart repair for traumatic anterior shoulder instability	Mohit Dua
14.15 – 14.20	Evaluation of clinical and functional outcome in arthroscopic management of rotator cuff tear	Arnab Palodhy
14.20 – 14.25	Role of Low Level Laser Therapy In Idiopathic Adhesive Capsulitis of Shoulder : prospective study	Anil Gulia
14.25 – 14.30	Fuctional outcome of acromio-clavicular joint dislocations treated using hook plate	Sumanth
14.30 – 14.35	A novel use of cement glenosphere spacer in a case of failed reverse shoulder arthroplasty (RSA)	SP Jha
14.35 – 14.40	Posterior shoulder instability: a systemic review of literature.	Anshul Goel
14.40 – 14.45	Comparative evaluation between arthroscopic bankart repair and modified boytchev technique for surgical correction of recurrent shoulder dislocation.	Arnab Karmakar
14.45 – 15.00	Discussion	
15.00 – 16.00	FREE PAPER SESSION III (ARTHROPLASTY) (8 talks 5 min each) Moderators : Ashish Taneja, Vishwadeep	
15.00 – 15.05	Total knee arthroplasty in hemophilic arthropathy : our experience as a tertiary health care centre	Prajwal P Mane
15.05 – 15.10	Does Posterior condylar offset influence knee flexion post TKR?	Khurshid Bhatt
15.10 – 15.15	A prospective randomised double blind study to analyse the efficacy of balanced preemptive analgesia in total knee replacement surgery	Subhranshu Sekhar Nayak
15.15 – 15.20	Quasi-experimental Study of platelet rich plasma in the treatment of patient of knee osteoarthritis aged between 40 to 60 years.	Rupesh
15.20 – 15.25	Common hip conditions requiring primary total hip Arthroplasty and comparison of their post-operative functional outcomes	Prasoon Kumar
15.25 – 15.30	Dual Mobility in Post Acetabular fracture Total Hip Replacement ; has it changed the outcome.	Gaurav Saini
15.30 – 15.35	Outcome of Postero-Lateral Window Approach For Total Hip Arthroplasty	Jitendra Wadhvani
15.35 – 15.40	Outcomes of two stage revision arthroplasty for infection	Hariharan T D
15.40 – 16.00	Discussion	
16.00 – 16.15	AFTERNOON COFFEE BREAK	
16.15 – 17.30	FREE PAPER SESSION IV (SOFT TISSUE KNEE) (12 talks 5 min each) Moderators : Sanjeev Anand UK, Janak Mehta Australia	
16.15 – 16.20	Implant less patellar fixation of graft in medial patellofemoral ligament(MPFL) reconstruction – Clinical outcome of a prospective study.	Sahil Arora
16.20 – 16.25	Proximal Tibifibular Joint Instabilty in Multiligamentous Knee injury	Bushu Harna



16.25 – 16.30	Internal bracing augmentation in ACL double bundle reconstruction	Nishant Setia
16.30 – 16.35	Epiphyseal acl reconstruction in pediatric age group	Gyan Ranjan
16.35 – 16.40	A comparative evaluation of the results of arthroscopic ACL reconstruction with quadrupled hamstring graft using Crosspinning (Transfix) or Endobutton as femoral tunnel graft fixation methods	Ankit Kataria
16.40 – 16.45	ACL Footprint restoration: Does the reconstruction technique matter?	Milind Tanwar
16.45 – 16.50	A study on correlation of MRI and arthroscopy in evaluation of ACL injury in cases of acute traumatic haemarthrosis of knee. A prospective study	Ankush Mohabey
16.50 – 16.55	Arthroscopic ACL reconstruction using BPTB graft	Ishwar Meena
16.55 – 17.00	Comparison of functional outcome of Transtibial Endoscopic ACL reconstruction by BPTB graft with and without augmentation: 3 years follow up	Najmus Sakeb
17.00 – 17.05	Multiligamentous knee injury – A Level III study to describe systematic approach, management and rehabilitation protocol with review of literature	Nikhil Verma
17.05 – 17.10	Risk Factors of Ipsilateral and Contralateral Anterior Cruciate ligament Injury after Primary ACL Reconstruction in Indian sportspersons	Akash Singhal
17.10 – 17.15	Double bundle vs single bundle ACLR - in recreational athletic population - a double blind randomized study with 5 year follow up	JVS Vidyasagar
17.15 – 17.30	Discussion	
17.30 – 18.00	AWARDS, FELLOWSHIPS RESULTS, TRAINING OPTIONS (UK / USA / EUROPE / AUSTRALIA), FELICITATIONS / VOTE OF THANKS IN HALL A	

ISKSAA BESS UK 2019 3RD MARCH 2019 (SUNDAY) POSTER AREA		
ANCHOR : Karthik Vishwanathan		
TIME	TOPIC	SPEAKER / FACULTY
08.00 – 17.00	ISKSAA BESS 2019 POSTER SESSION POSTER SETUP 07.00 – 08.00 POSTER DISPLAY 08.00 – 17.00 POSTER ASSESSMENT 14.00 – 15.00 POSTER DISMANTLING 17.00 – 18.00 Moderators : 14.00 – 15.00 Prof Lalit Maini, Prof J Krishnan Australia	
23	Ulnar neuropathy due to ulnar colateral ligament injury in a wrestler	Apurv Gabrani



24	Evaluation of management of partial thickness rotator cuff tears with ultrasound guided platelet rich plasma therapy	Ashwin gondane
25	Role of Platelet Rich Plasma in Rheumatoid knee	Rohit kansal
26	Ilizarov ring fixator in displaced intra-articular calcaneal fractures- Is it an option?	Asif Baba
27	Arthroscopic treatment of meniscal cyst and its outcome	Saurabh Jain
28	Results of screw fixation of displaced lateral condyle fractures of humerus in children : A prospective study	Mohmad Yaseen Rather
29	Lateral approach versus combined lateral and anteromedial approach for surgical treatment of terrible triad of elbow: A meta-analysis	Sanjay Meena
30	A prospective study of outcome of use of locking compression plate as an external fixator for both metaphyseal diaphyseal fractures of the tibia	Sudeep madhukar nambiar
31	Proximal humerus fracture dislocations managed with locking plates: functional and radiological outcomes	Aditya Jain
32	Mini Open versus Arthroscopic Repair Of Rotator Cuff Tear – A Prospective Study	Sagar Kadam
33	Arthroscopic slap repair and intraarticular direct spinoglenoid cyst decompression.	Sreehari c k
34	A retrospective study on elbow function after internal fixation of intercondylar fracture of adults using TRAP approach	Bikash Agarwal
35	A case report of a rare variant of Posteromedial tibial condyle fracture- partial coronal split,akin to Femoral Hoffa's fracture, associated with multiligament injuries and depressed lateral plateau	Saurabh Agarwal
36	A rare case report of pure isolated fifth carpometacarpal joint dislocation and discussion of approach to diagnosing fifth carpometacarpal dislocation.	James simon pereira
37	Giant cell tumour of clavicle: Occurrence of a common tumour in a rare location	Jagdeep Atwal
38	Rare avulsion fractures around the knee; imaging, clinical significance and management strategy	Rajesh Kumar Rajnish
39	Post-traumatic recurrent shoulder dislocation with fracture glenoid – Treatment strategy in reference to Modified Boytchev procedure and review of literature.	Pankaj Kumar Sharma
40	Bilateral neglected anterior shoulder dislocation with gt fracture	Sonu Mehta
41	Partial occlusion of popliteal artery(pop) following tkr in valgus knee”: a case report& literature review	M k nizamoddin
42	Tibial Plateau Fractures involving Posterior Column treated by Column Specific Approach	Kunal Aneja
43	Ulnar colateral ligament reconstruction using palmaris longus graft	Ajay Kumar Goel
44	Arthroscopy-assisted tibial plateau surgery - minimum two years follow up results	Jyothiprasath M



ISKSAA International Society for Knowledge for Surgeons on Arthroscopy and Arthroplasty

ISKSAA Membership...

ISKSAA (International Society for Knowledge for Surgeons on Arthroscopy and Arthroplasty) is a society of orthopaedic surgeons from around the world to share and disseminate knowledge, support research and improve patient care in Arthroscopy and Arthroplasty. We are proud to announce that ISKSAA membership has crossed the **1800** mark (India & Overseas) making it the fastest growing Orthopaedic Association in the country in just 5 years of its inception. With over **350000 hits from over 160 countries** on the website **www.isksaa.com** & more and more interested people joining as members of ISKSAA, we do hope that ISKSAA will stand out as a major body to provide opportunities to our younger colleagues in training, education and fellowships.

Our Goals...

- To provide health care education opportunities for increasing cognitive and psycho-motor skills in Arthroscopy and Arthroplasty
- To provide CME programs for the ISKSAA members as well as other qualified professionals.
- To provide Clinical Fellowships in Arthroscopy and Arthroplasty
- To provide opportunities to organise and collaborate research projects
- To provide a versatile website for dissemination of knowledge

The membership is open to Orthopaedic Surgeons, Postgraduate Orthopaedic students and Allied medical personal interested in Arthroscopy & Arthroplasty.

Benefits of ISKSAA Life Membership Include...

- **Free Subscription** of ISKSAA's official, SCOPUS INDEXED, EMBASE INDEXED peer reviewed, online scientific journal Journal of Arthroscopy and Joint Surgery (**JAJ**).
- Eligibility to apply for **ISKSAA's Prestigious Fellowship Programme**. We have finalised affiliations with ESSKA, ISAKOS, BOA, BASK, BOSTAA, BESS, Edge Hill University at Wrightington and FLINDERS MEDICAL CENTRE, IMRI AUSTRALIA to provide more ISKSAA Fellowships in India, UK, USA, Australia and Europe. We have offered over 300 Clinical Fellowships as of date including 54 in ISKSAA 2014, 40 in ISKSAA 2015, 63 in ISKSAA 2016, 55 in ISKSAA 2017 & 20 in ISKSAA 2018 and over 50 ISKSAA Wrightington MCh Fellowships from 2014 to 2018.
- The next round of 100 ISKSAA fellowships interviews are in ISKSAA BESS 2019 on March 2-3rd 2019 for 2019 and 2020 at New Delhi along with the ISKSAA Wrightington MCh Fellowships.
- Only as a life member, you can enjoy the benefit of **reduced Congress charges** in future ISKSAA conferences.
- **Member's only section** on the website which has access to the conference proceedings and live surgeries of ISKSAA 2012, 2013, 2014 & 2016 along with a host of other educational material.
- Important opportunity for interaction with world leaders in Arthroscopy & Arthroplasty.
- Opportunity to participate in ISKSAA courses and workshops.

To enjoy all the benefits & privileges of an ISKSAA member, you are invited to apply for the Life membership of ISKSAA by going to the membership registration section of the website and entering all your details electronically. All details regarding membership application and payment options are available on the website (**www.isksaa.com**)

Dr Pushpinder Bajaj
ISKSAA PRESIDENT

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