

# **ISKSAA EDGE HILL UNIVERSITY TRAVELLING**

## **FELLOWSHIP (17th February 2020 to 28th**

### **February 2020) REPORT**

Before I write anything or share my experience of an academic extravaganza at the highly reputed Wrightington Hospital (United Kingdom), I would like to thank Dr. Pushpinder Singh Bajaj (ISKSAA PRESIDENT), Prof (Dr.) Lalit Maini (ISKSAA CHAIRMAN), Prof. S. Raj Murali (My Interviewer & Supervisor) and entire ISKSAA team for providing me this invaluable opportunity.

I had my fellowship interview during ISKSAA BESS UK 2019 conference held in New Delhi on 2nd and 3rd March 2019. I specifically applied for ISKSAA EDGE HILL UNIVERSITY TRAVELLING FELLOWSHIP because I was always fascinated by the work of PROFESSOR SIR JOHN CHARNLEY, father of the modern hip arthroplasty and wanted to visit Wrightington centre for hip surgery at least once in my lifetime. Even, I mentioned my interest to visit this centre to Prof. Raj Murali during the interview. On, 16th March 2019 I got an email stating that the result of fellowship interviews has been declared. I was selected for the year 2019 along with Dr. Bushu Harna. Then, we discussed the dates and other documents with Prof Murali and his PA (Miss Rachel Leather). Unfortunately, both (myself & Dr. Bushu) of us could not attend the fellowship together due to other professional commitments and I finally went for the fellowship in February 2020.

I flew to Manchester from India on 16th February 2020. From there, I took a train and cab to reach Wigan Infirmary nearby which my accommodation (Kingsleigh House) was provided (All the relevant details regarding accommodation and how to reach Wigan Infirmary were communicated to me via emails from Miss Rachel Leather & Miss Liz Atherton, Employment Advisor). The next day, I took a shuttle bus at 8:40 AM to Wrightington Hospital. There, I went to the conference centre, met Miss Atherton, received my NHS ID Badge and went to meet Prof. Murali. He gave me a brief idea about the hospital and asked Dr. Keith (International Training Fellow) to show me around the hospital, who acquainted me with the location of the clinics and operation theatres. There are total 10 functioning theatres with

three completely dedicated to upper limb surgeries, four (interconnected, popular here as PODS) dedicated to lower limb surgeries and rest cater to both the upper and lower limb surgeries especially foot and ankle. I was given access to all the theatres and clinics as an observer.

I had exposure to a wide range of surgical procedures like Primary and Revision Total Hip Replacement, Primary and Revision/Complex Total Knee Replacement, THR using cementless Pinnacle acetabular cup & CUSTOM MADE symbios cemented femoral stem in a case of OA hip with malunited proximal femur, Patient Specific Instrumentation in TKR, Arthroscopic ALPSA lesion repair with knotless anchors, open Latarjet procedure for Bony Bankart lesion, Scapholunate reconstruction using 2mm quicklock anchor, Carpal tunnel & Cubital Tunnel Release, Dupuytren's contracture release & fasciectomy, Tibio-talar-calcaneal Fusion with Nail, Total Elbow Replacement. The highlight of the fellowship for me was THR done by Mr. Purbach Bodo in original Charnley style using Trochanteric osteotomy and 22.225mm femoral head and then having wonderful discussions with him on x-rays showing hip prosthesis lasting more than four decades and other complex cases doing wonderfully well with just bone grafts and Charnley's prosthesis without the use of any augments or newer implants. I also attended clinics to have better exposure to the NHS and to see how the consultants interact with patients. I must say, the doctor-patient interaction and the approach are quite a bit different from what I have seen back home.

I had one weekend during my stay there and I utilized the opportunity to travel around Birmingham City with two other orthopaedic colleagues from India working around Birmingham. We went to Shri Venkateswara (Balaji) temple in Dudley, visited Birmingham Museum & art gallery and enjoyed at Bullring, Birmingham.

I would like to take this opportunity to acknowledge the guidance, knowledge, and care received from my supervisor Prof. S. Raj Murali and other consultants like Mr. Moonga, Mr. Bodo, Mr. Oakley, Mr. Clayson, Mr. Gambhir, Mr. Nagai, Mr. Smith, Mr. Pavlou, Mr. Watts, Mr. Kay, Mr. Shah & Miss Shaw. Also, I met and made friends with young orthopods like me who are pursuing MCh Programme

(International Training Fellows) at Edge Hill University, learned about the training system in NHS from post-CCT fellows. Overall, it was a great learning experience and I hope it will help me immensely with my future career goals especially when I look forward to long term fellowships in the NHS.

Thanks & Regards,

**Dr. Ajay Kumar Goel**

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**Here are a few snaps from my stay there:**



Figure 1: With Mr. Bodo



Figure 2: Kingsleigh House (My Accommodation)



Figure 3: Me in front of the world's first Clean Air Theatre by Sir John Charnley



Figure 4: with Prof. S. Raj Murali (My Supervisor)



Figure 5: With Mr. Nagai & Luke



Figure 6: With International Training Fellows



Figure 7: L-R- Mr. Marley (Lower Limb Fellow),  
Mr. Clayson (Consultant), Dr. Ajay (That's me),  
Dr. Suraj (International Training Fellow)



Figure 8: with Mr. Oakley



Figure 9: Conference Centre