

First Announcement

6th International Symposium On
**Current Concepts In Knee & Shoulder Arthroscopy
&
Basic Knee & Shoulder Arthroplasty Workshop**



Under the edges of
Delhi Orthopaedics Association
efforts enable excellence

25TH - 27TH February 2011



LECTURES & INTERACTIVE SESSIONS
ON ARTHROSCOPIC SURGERY &
ARTHROPLASTY OF KNEE & SHOULDER

HANDS-ON WORKSHOPS ON
BASIC & ADVANCED PROCEDURES OF
KNEE & SHOULDER ARTHROSCOPY

TWELVE LIVE SURGERIES ON
KNEE / SHOULDER
ARTHROSCOPY & ARTHROPLASTY

HANDS-ON WORKSHOP ON
KNEE ARTHROPLASTY

SYMPOSIUM SECRETARIAT
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CURRENT CONCEPTS IN KNEE & SHOULDER ARTHROSCOPY & ARTHROPLASTY

Dear Friends

We welcome you to this 6th edition of the International Symposium on Current Concepts in Knee & Shoulder Arthroscopy & Arthroplasty on 25th - 27th February 2011 being held at **Indian Spinal Injuries Centre**, a premier Orthopaedic & Spine institution in New Delhi. The last edition of this Symposium in March 2010 was also held here where we had record **delegates 190** and over **45 Faculty** from all over the country and **8 foreign faculty** from **Australia, UK, France** and **Korea**.

25th February will be the Basic knee and shoulder workshop supported by Stryker. There will be at least 2-3 live surgeries on Knee & Shoulder Arthroplasty including few lectures and discussion followed by hands on workshop in the afternoon. Registration will be limited to 60 delegates with a 1 : 3 faculty delegate ratio.

26th February will be the Knee Arthroscopy symposium focussing on current concepts of ACL, PCL, and other ligamentous instabilities, meniscus & cartilage management with 4 sessions of lectures & interactive discussions with 5-6 live surgeries relayed from the theatres to the Conference hall. This will be followed by Hands-on Workshops organised on basic & advanced knee and shoulder Arthroscopic procedures where the participants will have an opportunity to understand and practice principles of knee & shoulder arthroscopy.

27th February will be the Shoulder arthroscopy Symposium focussing on instability and rotator cuff management with again 4 sessions of lectures & interactive discussions with 5-6 live surgeries relayed from the theatres to the Conference hall. The expected attendance will be restricted to 200 delegates.

We do hope to get a repeat attendance this time with over 10 foreign Faculty from **Australia, UK, USA, France, Korea, and Singapore** supporting an eminent experienced and dynamic Indian faculty to ensure that the affair will truly be an exciting & enjoyable educational experience. The theme of the conference will be as before **SEE THEM DO IT AND DO IT YOURSELF**.

We look forward to seeing you in New Delhi

With warm regards

Yours sincerely



Dr Pushpinder Bajaj
Symposium Director



Dr Lalit Maini
Symposium Chairman



Dr Bhushan Nariani
Organising Secretary

CURRENT CONCEPTS IN KNEE & SHOULDER ARTHROSCOPY & ARTHROPLASTY

25TH February (Arthroplasty Workshop)

7.00 am 8.00 am = REGISTRATION

8.00 am 10.00 am = KNEE SYMPOSIUM I

8.00 am 9.00 am = Patient selection, Pre-operative planning,
Implant selection, Surgical approaches,
Basic techniques

9.00 am 9.45 am = Live TKR I

9.45 am 10.00 am = Interactive Discussion & Tea Break

10.00 am 12.00 noon = KNEE SYMPOSIUM II

10.00 am 11.00 am = TKR in difficult situations , Controversies,
Post-operative Management, Complications ,
Current concepts

11.00 am 11.45 am = Live TKR II

11.45 am 12.00 am = Interactive Discussion

12 noon 1.00 pm = SHOULDER SYMPOSIUM

12 noon 12.30 pm = Patient selection, Surgical approaches,
Basic technique, Complications, Current concepts

12.30 pm 1.00 pm = Live Shoulder Replacement Surgery
Video with Interactive Discussion

1.00 pm 2.00 pm = LUNCH

2.00 pm 3.00 pm = PANEL DISCUSSION

Arthroplasty in 2010 . Where are we ?
Dilemmas in TKA

3.00 pm 6.00 pm = HANDSON WORKSHOP

KNOW YOUR INSTRUMENTS
BASIC KNEE WORKSHOP

6.00 pm 6.10 pm = TRAINING FACILITIES IN

ARTHROPLASTY IN AUSTRALIA

6.10 pm 6.20 pm = TRAINING FACILITIES IN

ARTHROPLASTY IN UK

6.20 pm 6.40 pm = VALEDICTORY/ PRESENTATION OF
CERTIFICATES

CURRENT CONCEPTS IN KNEE & SHOULDER ARTHROSCOPY & ARTHROPLASTY

26TH February (Arthroscopy Symposium)

7.00 am 8.00 am = REGISTRATION

8.00am 10.00 am = KNEE SYMPOSIUM - ACL I

8.00 am - 8.30 am = patient selection , graft options , fixation options , surgical techniques .

8.30 am 9.00 am = Live Surgery ACL Reconstruction (Transtibial)

9.00 am 9.45 am = Live Surgery ACL Reconstruction (Anatomical)

9.45 am 10.00 am = Interactive Discussion & Tea Break

10.00 am 12.00 noon = KNEE SYMPOSIUM - ACL II

10.00 am 10.45 am = Complications , current concepts , double bundle rehabilitation, anatomical

10.45 am 11.45 am = Live Surgery Double bundle ACL Reconstruction

11.45 am 12.00 noon = Interactive Discussion

12 noon 1.00 pm = LUNCH

1.00pm 3.00 pm = KNEE SYMPOSIUM-OTHER INSTABILITIES

1.00 pm 1.45 pm = PCL , PLC , Multiligament instabilities, complications, current concepts

1.45 pm 2.45 pm = Live Surgery PCL Reconstruction+/-PLC Repair

2.45 pm 3.00 pm = Interactive Discussion

3.00 pm 5.00pm = KNEE SYMPOSIUM MENISCUS & PATELLA

3.00 pm 3.45 pm = Surgical Anatomy, Clinical Examination, meniscectomy principles , meniscal repair techniques , Patello-femoral malalignment

3.45 pm 4.45 pm = Live surgery Meniscal repair / MPFL

Roconstruction

4.45 pm 5.00 pm = Interactive Discussion & Tea Break

5.00 pm 8.00 pm = HANDSON WORKSHOPS

KNEE WORKSHOPS (Basic & Advanced)

SHOULDER WORKSHOPS (Basic & Advanced)

8.00 pm onwards = DINNER AND BANQUET

CURRENT CONCEPTS IN KNEE & SHOULDER ARTHROSCOPY & ARTHROPLASTY

27TH February (Arthroscopy Symposium)

8.00am 10.00 am = KNEE SYMPOSIUM CARTILAGE
MANAGEMENT

8.00 am - 8.45 am = Patient Selection, Arthritic Knee, Isolated Chondral
Lesions, Microfracture, Mosaicplasty, ACI
Indications & Techniques.

8.45 am 9.45 am = Live Surgery donor cartilage procurement &
Autologous Chondrocyte Implantation (ACI)

9.45 am 10.00 am = Interactive Discussion & Tea Break

10.00am 12.00 noon = SHOULDER SYMPOSIUM I

10.00am 10.30am = Setup, Positioning, Instrumentation, Portals, Basic
Round (glenoid), Approach to shoulder instability ,
Labral Tears, Bankart's Repair

10.30am 11.00 am = Live Surgery Bankart's Repair (Suture Anchors)

11.00am 11.45 am = Live Surgery Bankart's Repair (Knottless Anchors)

11.45 am 12.00 am = Interactive Discussion

12 noon 1.00 pm = LUNCH

1.00 pm 3.00 pm = SHOULDER SYMPOSIUM II

1.00 pm 1.45 pm = Basic round (subacromial arthroscopy),
Pathophysiology of Shoulder impingement, Rotator
cuff tears , Stiff shoulder, Complications,
Current concepts.

1.45 pm 2.45 pm = Live Surgery Subacromial decompression + Cuff
repair

2.45 pm - 3.00 pm = Interactive Discussion

3.00 pm 5.00 pm = SHOULDER SYMPOSIUM III

3.00 pm 3.45 pm = A-C joint problems , Multi-directional instability,
throwing injuries & SLAP lesions, Instability-
complications, current concepts, Rehabilitation after
shoulder arthroscopy

3.45 pm 4.45 pm = Live Surgery SLAP Repair

4.45 pm 5.00 pm = Interactive Discussion & Tea Break

5.00pm 5.10pm = TRAINING FACILITIES IN ARTHROSCOPY &
SPORTS MEDICINE IN AUSTRALIA

5.10pm 5.20pm = TRAINING FACILITIES IN ARTHROSCOPY &
SPORTS MEDICINE IN UK

5.20pm - 5.30 pm = VALEDICTORY/ PRESENTATION OF CERTIFICATES

CURRENT CONCEPTS IN KNEE & SHOULDER ARTHROSCOPY & ARTHROPLASTY

PROPOSED FACULTY (Alphabetical ...)

CHIEF PATRON : Major HPS Ahluwalia (Chairman ISIC)

PATRONS : Dr HS Chhabra (Medical Director ISIC)
Dr A K Mukherjee (Director General ISIC)
Prof Surya Bhan (Director Orthopaedics Primus Hospital)
Dr Ashok Rajgopal (Past President IAS)
Prof Sudhir Kapoor (Dean ESI PGIMER & Secretary IOA)

SYMPOSIUM CHAIRMAN

Dr Lalit Maini

ORGANISING SECRETARY

Dr Bhushan Nariani

ORGANISING CO-SECRETARIES

Dr Anuj Dogra Dr Deepak Joshi Dr Deepak Raina
Dr Gurinder Bedi Dr Vipul Khera Nikhil Sood

THEATRE COMMITTEE

Santosh Sharma Dr Mahajan Dr Sarkar Dr Preeti
Sister Usha Dr S Seth Dr Chauhan

ORGANISING COMMITTEE (ISIC)

Dr P H Mishra (MS ISIC) Mr Bedi (Estate Mgr ISIC) Dr Govind
Dr Kheterpal (MS ISIC) Dr Amit Dr Hitesh
Mr Uttaman (CAO ISIC) Dr Bhavik Dr Nilesh

CHAIRMAN SCIENTIFIC COMMITTEE

Deepak Chaudhary VB Bhasin Pradeep Sharma

LOCAL FACULTY

Amarjeet Singh Havind Tandon Raju Eashwaran Vinod Kumar
Amite Pankaj HL Nag Saurav Shukla Y Kharbanda
Atul Mishra IPS Oberoi Shekhar Srivastav
Anand Verma J Maheshwari Shashank Mishra
AK Singh Prateek Gupta Subhash Jhangid

OUTSTATION FACULTY

Ashish Devgan (**Haryana**) Parag Sancheti (**Pune**)
Debasis Chatterjee (**Kolkata**) Sanjay Desai (**Mumbai**)
Dinshaw Pardiwala (**Mumbai**) Sachin Tapasvi (**Pune**)
K Bhattacharya (**Kolkata**) Sanjeev Mahajan (**Ludhiana**)
Mandeep Dhillon (**Chandigarh**) Vikash Kapoor (**Kolkata**)

OVERSEAS FACULTY

Binod Singh (**UK**) R Nagamine (**Japan**)
David Martin (**Australia**) Raj Reddy (**UK**)
Javed Iqbal (**UK**) Suresh Nathan (**Singapore**)
Jegan Krishnan (**Australia**) Ved Goswami (**UK**)
Phil Collin (**France**) Vivek Sharma (**USA**)
R Pandey (**UK**) YG Rhee (**South Korea**)

SYMPOSIUM DIRECTOR

Dr Pushpinder Singh Bajaj

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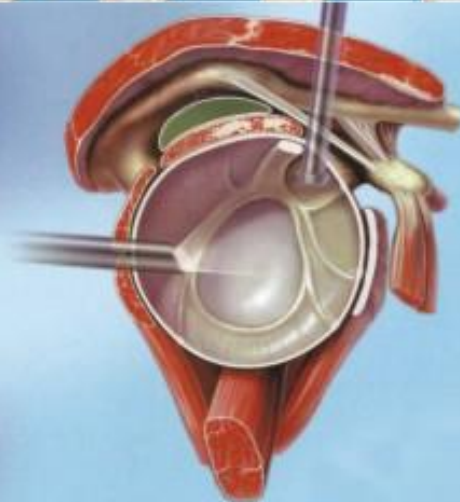
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