

First Announcement

5th International Symposium On

**Current Concepts In Knee & Shoulder Arthroscopy
&
Basic Knee & Shoulder Arthroplasty Workshop**

12TH - 14TH MARCH 2010, NEW DELHI



LECTURES & INTERACTIVE SESSIONS ON ARTHROSCOPIC SURGERY & ARTHROPLASTY OF KNEE & SHOULDER

HANDS-ON WORKSHOPS ON BASIC & ADVANCED PROCEDURES OF KNEE & SHOULDER ARTHROSCOPY

TEN LIVE SURGERIES ON KNEE / SHOULDER ARTHROSCOPY & ARTHROPLASTY

HANDS-ON WORKSHOP ON KNEE ARTHROPLASTY

SYMPOSIUM SECRETARIAT

Dr. Pushpinder Singh Bajaj

ARTHROSCOPY & JOINT REPLACEMENT CLINIC

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CURRENT CONCEPTS IN KNEE & SHOULDER ARTHROSCOPY & ARTHROPLASTY

Dear Friends ,

We are organising the fifth edition of Current Concepts in Knee & Shoulder Arthroscopy & Arthroplasty to be held on 12th-14th March in New Delhi . After the success of the first 2 symposiums on ACL Reconstruction and Lower Limb Arthroscopy in 2006 & 2007 & the next 2 (2008 & 2009) on New Horizons in Arthroscopic Surgery , there was a demand to address to major advancements in Knee & Shoulder Arthroscopic Surgery specially pertaining to Instability & Cartilage management with emphasis on live surgeries & interactive sessions . There was also a request to combine this with a Basic knee and shoulder Arthroplasty Hands on workshop preceding the symposium . The venue of the Symposium will be at New Delhi , the venue for the 2010 commonwealth games .

12th March will be the Basic knee and shoulder workshop supported by **Stryker** . There will be at least 2 live surgeries on knee & shoulder Arthroplasty including few lectures and discussion followed by hands on workshop in the afternoon . Registration will be limited to 50 delegates with at least 17 faculty to maintain a 1:3 ratio .

13th March will be the Knee Arthroscopy symposium focussing on Instability , meniscus & cartilage management with 4 sessions of lectures & interactive discussions with 4 live surgeries relayed from the theatres to the Conference hall . This will be followed by Hands-on Workshops organised on basic & advanced knee and shoulder Arthroscopic procedures where the participants will have an opportunity to understand and practice principles of knee & shoulder arthroscopy

14th March will be the Shoulder arthroscopy Symposium focussing on instability and rotator cuff management with again 4 sessions of lectures & interactive discussions with 4 live surgeries relayed from the theatres to the Conference hall . The expected attendance will be restricted to 150 delegates .

We have an experienced & dynamic Indian faculty along with **Prof J Krishnan , Dr Mario Penta , Dr Nick Wallwork & Dr David Martin** from **Australia** , **Dr J P Barthelemy & Dr Guy Bellier** from **France** , **Dr Y G Rhee** from **South Korea** and **Dr Sanjeev Anand** from the **UK** to ensure that the affair will truly be an exciting & enjoyable educational experience . The theme of the conference will be **SEE THEM DO IT AND DO IT YOURSELF** .

We look forward to seeing you in New Delhi

With warm regards
Yours sincerely



Dr Pushpinder Bajaj
SYMPOSIUM DIRECTOR



Dr Lalit Maini
SYMPOSIUM CHAIRMAN

**12th March (Arthroplasty Workshop)**

7.00 am 8.00 am = REGISTRATION

8.00am 10.00 am = KNEE SYMPOSIUM I

8.00 am 9.00 am = patient selection, pre-operative planning,
implant selection, surgical approaches,
basic techniques

9.00 am 9.45 am = Live TKR I

9.45 am 10.00 am = Interactive Discussion & Tea Break

10.00am 12.00 noon = KNEE SYMPOSIUM II

10.00am 11.00am = TKR in difficult situations , controversies ,
post-operative Management, complications ,
current concepts

11.00am 11.45 am = Live TKR II

11.45 am 12.00 am = Interactive Discussion

12 noon 1.00 pm = SHOULDER SYMPOSIUM

12 noon 12.30 pm = patient selection, surgical approaches,
basic technique, complications, current concepts

12.30 pm 1.00 pm = Live Surgery / Video with Interactive Discussion

1.00 pm 2.00 pm = LUNCH

2.00 pm 3.00 pm = PANEL DISCUSSION

Arthroplasty in 2010 . Where are we ?
Dilemmas in TKA

3.00 pm 6.00 pm = HANDSON WORKSHOP

KNOW YOUR INSTRUMENTS
BASIC KNEE WORKSHOP

6.00pm 6.10pm = TRAINING FACILITIES IN
ARTHROPLASTY IN AUSTRALIA

6.10pm 6.30pm = VALEDICTORY/ PRESENTATION OF
CERTIFICATES

PROGRAMME HIGHLIGHT

13th March (Arthroscopy Symposium)

- | | | |
|-----------------------|---|---|
| 7.00 am - 8.00 am | = | REGISTRATION |
| 8.00am - 10.00 am | = | KNEE SYMPOSIUM - ACL I |
| 8.00 am - 8.45 am | = | patient selection , graft options , fixation options , surgical techniques . |
| 8.45 am - 9.45 am | = | Live Surgery Single Bundle ACL Reconstruction |
| 9.45 am - 10.00 am | = | Interactive Discussion & Tea Break |
| 10.00 am - 12.00 noon | = | KNEE SYMPOSIUM - ACL II |
| 10.00 am - 10.45 am | = | Complications , current concepts , double bundle rehabilitation |
| 10.45 am - 11.45 am | = | Live Surgery Double bundle ACL Reconstruction |
| 11.45 am - 12.00 noon | = | Interactive Discussion |
| 12 noon - 1.00 pm | = | LUNCH |
| 1.00pm - 3.00 pm | = | KNEE SYMPOSIUM-OTHER INSTABILITIES |
| 1.00 pm - 1.45 pm | = | PCL , PLC , Multiligament instabilities, complications, current concepts |
| 1.45 pm - 2.45 pm | = | Live Surgery PCL Reconstruction+/-PLC Repair |
| 2.45 pm - 3.00 pm | = | Interactive Discussion |
| 3.00 pm - 5.00pm | = | KNEE SYMPOSIUM MENISCUS & PATELLA |
| 3.00 pm - 3.45 pm | = | Surgical Anatomy, Clinical Examination, meniscectomy principles , meniscal repair techniques , Patello-femoral malalignment |
| 3.45 pm - 4.45 pm | = | Live surgery Meniscal repair / MPFL Reconstruction |
| 4.45 pm - 5.00 pm | = | Interactive Discussion & Tea Break |
| 5.00 pm - 8.00 pm | = | HANDSON WORKSHOPS |
| | | KNEE WORKSHOPS (BASIC & ADVANCED)
SHOULDER WORKSHOPS (BASIC & ADVANCED) |
| 8.00 pm onwards | = | DINNER AND BANQUET |

**14th March (Arthroscopy Symposium)**

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|----------------------|---|--|
| 8.00am - 10.00 am | = | KNEE SYMPOSIUM CARTILAGE MANAGEMENT |
| 8.00 am - 8.45 am | = | patient selection , arthritic knee , isolated chondral lesions, microfracture , mosaicplasty , ACI indications & techniques. |
| 8.45 am - 9.45 am | = | Live Surgery donor cartilage procurement & Autologous Chondrocyte Implantation (ACI) |
| 9.45 am - 10.00 am | = | Interactive Discussion & Tea Break |
| 10.00am - 12.00 noon | = | SHOULDER SYMPOSIUM I |
| 10.00am - 10.45am | = | setup , positioning , instrumentation , portals , basic round (glenoid) , approach to shoulder instability , labral tears, Bankart's repair |
| 10.45am - 11.45 am | = | Live Surgery Bankart's Repair |
| 11.45 am - 12.00 am | = | Interactive Discussion |
| 12 noon - 1.00 pm | = | LUNCH |
| 1.00 pm - 3.00 pm | = | SHOULDER SYMPOSIUM II |
| 1.00 pm - 1.45 pm | = | Basic round (subacromial arthroscopy), Pathophysiology of Shoulder impingement, Rotator cuff tears , Stiff shoulder, complications , current concepts. |
| 1.45 pm - 2.45 pm | = | Live Surgery Subacromial decompression + Cuff repair |
| 2.45 pm - 3.00 pm | = | Interactive Discussion |
| 3.00 pm - 5.00 pm | = | SHOULDER SYMPOSIUM III |
| 3.00 pm - 3.45 pm | = | A-C joint problems , Multi-directional instability, throwing injuries & SLAP lesions, Instability-complications, current concepts, rehabilitation after shoulder arthroscopy |
| 3.45 pm - 4.45 pm | = | Live Surgery SLAP Repair |
| 4.45 pm - 5.00 pm | = | Interactive Discussion & Tea Break |
| 5.00pm - 5.10pm | = | TRAINING FACILITIES IN ARTHROSCOPY & SPORTS MEDICINE IN AUSTRALIA |
| 5.10pm - 5.30 pm | = | VALEDICTORY/ PRESENTATION OF CERTIFICATES |

PROPOSED FACULTY (Alphabetical..)

ORGANISING FACULTY

Anuj Dogra
Bhushan Nariani
Deepak Raina
Deepak Chaudhary
Deepak Joshi

Gurinder Bedi
Lalit Maini
Nikhil Sood
Pushpinder Singh Bajaj
Vipul Khera

LOCAL FACULTY

AK Singh
A Rajgopal
CS Yadav
Havind Tandon
HL Nag
IPS Oberoi
J Maheshwari
KB Attri
Pradeep Sharma

P Dilawari
Prateek Gupta
RK Sharma
Saurav Shukla
Shashank Mishra
Vinod Kumar
Vivek Sharma
VB Bhasin
Y Kharbanda

OUTSTATION FACULTY

Anant Joshi (Mumbai)
Dinshaw Pardiwala (Mumbai)
K Bhattacharya (Kolkata)
Mandeep Dhillon (Chandigarh)
Milind Patil (Mumbai)

Nilesh Shah (Ahmedabad)
Sanjay Desai (Mumbai)
Sachin Tapasvi (Pune)
Sripathi Rao (Manipal)

OVERSEAS FACULTY

David Martin (Australia)
Guy Bellier (France)
Jegan Krishnan (Australia)
JP Barthelemy (France)

Mario Penta (Australia)
Nick Wallwork (Australia)
Sanjeev Anand (UK)
YG Rhee (South Korea)

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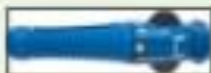


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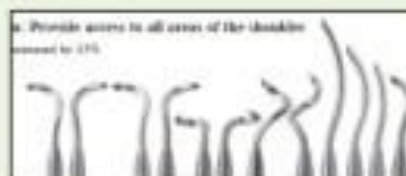
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