

First Announcement

*5<sup>th</sup> International Symposium On*

**Current Concepts In Knee & Shoulder Arthroscopy  
&  
Basic Knee & Shoulder Arthroplasty Workshop**

12<sup>TH</sup> - 14<sup>TH</sup> MARCH 2010, NEW DELHI



LECTURES & INTERACTIVE SESSIONS ON ARTHROSCOPIC SURGERY & ARTHROPLASTY OF KNEE & SHOULDER

HANDS-ON WORKSHOPS ON BASIC & ADVANCED PROCEDURES OF KNEE & SHOULDER ARTHROSCOPY

TEN LIVE SURGERIES ON KNEE / SHOULDER ARTHROSCOPY & ARTHROPLASTY

HANDS-ON WORKSHOP ON KNEE ARTHROPLASTY

SYMPOSIUM SECRETARIAT

**Dr. Pushpinder Singh Bajaj**

**ARTHROSCOPY & JOINT REPLACEMENT CLINIC**

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## CURRENT CONCEPTS IN KNEE & SHOULDER ARTHROSCOPY & ARTHROPLASTY

Dear Friends ,

We are organising the fifth edition of Current Concepts in Knee & Shoulder Arthroscopy & Arthroplasty to be held on 12th-14th March in New Delhi . After the success of the first 2 symposiums on ACL Reconstruction and Lower Limb Arthroscopy in 2006 & 2007 & the next 2 ( 2008 & 2009 ) on New Horizons in Arthroscopic Surgery , there was a demand to address to major advancements in Knee & Shoulder Arthroscopic Surgery specially pertaining to Instability & Cartilage management with emphasis on live surgeries & interactive sessions . There was also a request to combine this with a Basic knee and shoulder Arthroplasty Hands on workshop preceding the symposium . The venue of the Symposium will be at New Delhi , the venue for the 2010 commonwealth games .

**12th March** will be the Basic knee and shoulder workshop supported by **Stryker** . There will be at least 2 live surgeries on knee & shoulder Arthroplasty including few lectures and discussion followed by hands on workshop in the afternoon . Registration will be limited to 50 delegates with at least 17 faculty to maintain a 1:3 ratio .

**13th March** will be the Knee Arthroscopy symposium focussing on Instability , meniscus & cartilage management with 4 sessions of lectures & interactive discussions with 4 live surgeries relayed from the theatres to the Conference hall . This will be followed by Hands-on Workshops organised on basic & advanced knee and shoulder Arthroscopic procedures where the participants will have an opportunity to understand and practice principles of knee & shoulder arthroscopy

**14th March** will be the Shoulder arthroscopy Symposium focussing on instability and rotator cuff management with again 4 sessions of lectures & interactive discussions with 4 live surgeries relayed from the theatres to the Conference hall . The expected attendance will be restricted to 150 delegates .

We have an experienced & dynamic Indian faculty along with **Prof J Krishnan , Dr Mario Penta , Dr Nick Wallwork & Dr David Martin** from **Australia** , **Dr J P Barthelemy & Dr Guy Bellier** from **France** , **Dr Y G Rhee** from **South Korea** and **Dr Sanjeev Anand** from the **UK** to ensure that the affair will truly be an exciting & enjoyable educational experience . The theme of the conference will be **SEE THEM DO IT AND DO IT YOURSELF** .

We look forward to seeing you in New Delhi

With warm regards  
Yours sincerely



Dr Pushpinder Bajaj  
**SYMPOSIUM DIRECTOR**



Dr Lalit Maini  
**SYMPOSIUM CHAIRMAN**

**12<sup>th</sup> March ( Arthroplasty Workshop )**

7.00 am 8.00 am = REGISTRATION

8.00am 10.00 am = KNEE SYMPOSIUM I

8.00 am 9.00 am = patient selection, pre-operative planning,  
implant selection, surgical approaches,  
basic techniques

9.00 am 9.45 am = Live TKR I

9.45 am 10.00 am = Interactive Discussion & Tea Break

10.00am 12.00 noon = KNEE SYMPOSIUM II

10.00am 11.00am = TKR in difficult situations , controversies ,  
post-operative Management, complications ,  
current concepts

11.00am 11.45 am = Live TKR II

11.45 am 12.00 am = Interactive Discussion

12 noon 1.00 pm = SHOULDER SYMPOSIUM

12 noon 12.30 pm = patient selection, surgical approaches,  
basic technique, complications, current concepts

12.30 pm 1.00 pm = Live Surgery / Video with Interactive Discussion

1.00 pm 2.00 pm = LUNCH

2.00 pm 3.00 pm = PANEL DISCUSSION

Arthroplasty in 2010 . Where are we ?  
Dilemmas in TKA

3.00 pm 6.00 pm = HANDSON WORKSHOP

KNOW YOUR INSTRUMENTS  
BASIC KNEE WORKSHOP

6.00pm 6.10pm = TRAINING FACILITIES IN  
ARTHROPLASTY IN AUSTRALIA

6.10pm 6.30pm = VALEDICTORY/ PRESENTATION OF  
CERTIFICATES



# PROGRAMME HIGHLIGHT

## 13<sup>th</sup> March ( Arthroscopy Symposium )

- |                       |   |   |
|-----------------------|---|---|
| 7.00 am - 8.00 am     | = | REGISTRATION  |
| 8.00am - 10.00 am     | = | KNEE SYMPOSIUM - ACL I  |
| 8.00 am - 8.45 am     | = | patient selection , graft options , fixation options , surgical techniques .  |
| 8.45 am - 9.45 am     | = | Live Surgery Single Bundle ACL Reconstruction   |
| 9.45 am - 10.00 am    | = | Interactive Discussion & Tea Break  |
| 10.00 am - 12.00 noon | = | KNEE SYMPOSIUM - ACL II   |
| 10.00 am - 10.45 am   | = | Complications , current concepts , double bundle rehabilitation   |
| 10.45 am - 11.45 am   | = | Live Surgery Double bundle ACL Reconstruction   |
| 11.45 am - 12.00 noon | = | Interactive Discussion  |
| 12 noon - 1.00 pm     | = | LUNCH   |
| 1.00pm - 3.00 pm      | = | KNEE SYMPOSIUM-OTHER INSTABILITIES  |
| 1.00 pm - 1.45 pm     | = | PCL , PLC , Multiligament instabilities, complications, current concepts  |
| 1.45 pm - 2.45 pm     | = | Live Surgery PCL Reconstruction +/- PLC Repair  |
| 2.45 pm - 3.00 pm     | = | Interactive Discussion  |
| 3.00 pm - 5.00pm      | = | KNEE SYMPOSIUM MENISCUS & PATELLA   |
| 3.00 pm - 3.45 pm     | = | Surgical Anatomy, Clinical Examination, meniscectomy principles , meniscal repair techniques , Patello-femoral malalignment |
| 3.45 pm - 4.45 pm     | = | Live surgery Meniscal repair / MPFL Reconstruction  |
| 4.45 pm - 5.00 pm     | = | Interactive Discussion & Tea Break  |
| 5.00 pm - 8.00 pm     | = | HANDSON WORKSHOPS   |
|                       |   | KNEE WORKSHOPS (BASIC & ADVANCED)<br>SHOULDER WORKSHOPS (BASIC & ADVANCED)  |
| 8.00 pm onwards       | = | DINNER AND BANQUET  |



### 14<sup>th</sup> March ( Arthroscopy Symposium )

8.00am - 10.00 am	=	KNEE SYMPOSIUM CARTILAGE MANAGEMENT
8.00 am - 8.45 am	=	patient selection , arthritic knee , isolated chondral lesions, microfracture , mosaicplasty , ACI indications & techniques.
8.45 am - 9.45 am	=	Live Surgery donor cartilage procurement & Autologous Chondrocyte Implantation ( ACI )
9.45 am - 10.00 am	=	Interactive Discussion & Tea Break
10.00am - 12.00 noon	=	SHOULDER SYMPOSIUM I
10.00am - 10.45am	=	setup , positioning , instrumentation , portals , basic round (glenoid ) , approach to shoulder instability , labral tears, Bankart's repair
10.45am - 11.45 am	=	Live Surgery Bankart's Repair
11.45 am - 12.00 am	=	Interactive Discussion
12 noon - 1.00 pm	=	LUNCH
1.00 pm - 3.00 pm	=	SHOULDER SYMPOSIUM II
1.00 pm - 1.45 pm	=	Basic round (subacromial arthroscopy), Pathophysiology of Shoulder impingement, Rotator cuff tears , Stiff shoulder, complications , current concepts.
1.45 pm - 2.45 pm	=	Live Surgery Subacromial decompression + Cuff repair
2.45 pm - 3.00 pm	=	Interactive Discussion
3.00 pm - 5.00 pm	=	SHOULDER SYMPOSIUM III
3.00 pm - 3.45 pm	=	A-C joint problems , Multi-directional instability, throwing injuries & SLAP lesions, Instability-complications, current concepts, rehabilitation after shoulder arthroscopy
3.45 pm - 4.45 pm	=	Live Surgery SLAP Repair
4.45 pm - 5.00 pm	=	Interactive Discussion & Tea Break
5.00pm - 5.10pm	=	TRAINING FACILITIES IN ARTHROSCOPY & SPORTS MEDICINE IN AUSTRALIA
5.10pm - 5.30 pm	=	VALEDICTORY/ PRESENTATION OF CERTIFICATES



**PROPOSED FACULTY ( Alphabetical..)**

**ORGANISING FACULTY**

Anuj Dogra  
Bhushan Nariani  
Deepak Raina  
Deepak Chaudhary  
Deepak Joshi

Gurinder Bedi  
Lalit Maini  
Nikhil Sood  
Pushpinder Singh Bajaj  
Vipul Khera

**LOCAL FACULTY**

AK Singh  
A Rajgopal  
CS Yadav  
Havind Tandon  
HL Nag  
IPS Oberoi  
J Maheshwari  
KB Attri  
Pradeep Sharma

P Dilawari  
Prateek Gupta  
RK Sharma  
Saurav Shukla  
Shashank Mishra  
Vinod Kumar  
Vivek Sharma  
VB Bhasin  
Y Kharbanda

**OUTSTATION FACULTY**

Anant Joshi (Mumbai)  
Dinshaw Pardiwala (Mumbai)  
K Bhattacharya (Kolkata)  
Mandeep Dhillon (Chandigarh)  
Milind Patil (Mumbai)

Nilesh Shah (Ahmedabad)  
Sanjay Desai (Mumbai)  
Sachin Tapasvi (Pune)  
Sripathi Rao (Manipal)

**OVERSEAS FACULTY**

David Martin (Australia)  
Guy Bellier (France)  
Jegan Krishnan (Australia)  
JP Barthelemy (France)

Mario Penta (Australia)  
Nick Wallwork (Australia)  
Sanjeev Anand (UK)  
YG Rhee (South Korea)

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## Arthroplasty Workshop

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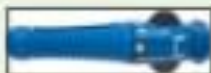


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