

1st International Symposium on CURRENT CONCEPTS IN ACL RECONSTRUCTION



This course is supported by

INDIAN ARTHROSCOPY SOCIETY

11th-12th MARCH, 2006

INDIAN SPINAL INJURIES CENTRE, NEW DELHI

SYMPOSIUM DIRECTORS

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CURRENT CONCEPTS IN ACL RECONSTRUCTION



Dear Friends ,

We welcome you to this 1st International Symposium on Current Concepts of ACL Reconstruction at New Delhi . After the success of the Knee & Shoulder Cadaveric workshops in May & October 2005 , a need was felt to address to this topic of Anterior Cruciate Ligament Reconstruction of the Knee especially after the tremendous response to the Advanced Knee Workshop in October 2005 .

The format of this symposium will be lectures on various aspects of ACL management including Anatomy , Biomechanics , Injuries pattern , Planning , Step by-Step ACL Surgery , Newer techniques , Complications , Revision surgery and Current Concepts .

There will be 3 live surgeries demonstrating ACL Reconstruction using various graft options and different fixation options . This will provide you an opportunity to see the basic steps of ACL Reconstruction and clarify any doubts .

A special feature of the Symposium will be the Hands-on-workshop on Various fixation options for ACL Reconstruction on Saw Bones . Here you will have the opportunity to learn technical skills while performing ACL Reconstruction from the learned Faculty .

We welcome you to this Symposium & look forward to seeing you in New Delhi

With warm regards

Yours sincerely

Dr Pushpinder Singh Bajaj
Symposium Director



Dr. Pushpinder Bajaj
Symposium Director



Dr. IPS Oberoi
Symposium Director



Dr. Lalit Maini
Secretary



Dr. Bhushan Nariani
Secretary



PROGRAMME HIGHLIGHTS

11th March

2.00pm – 2.30pm = INAUGURATION

2.30pm – 3.00pm = TEA BREAK

3.00pm – 3.45pm = SYMPOSIUM I

(ANATOMY / PATHOPHYSIOLOGY ACL TEARS)

Anatomy , Biomechanics , Injury pattern , Graft incorporation.

3.45pm – 4.30pm = SYMPOSIUM II

(ACL DEFICIENT KNEE-MANAGEMENT)

**Examination, Radiology, Planning, Non-operative option,
Acutely injured knee**

4.30pm – 5.30pm = LIVE HAMSTRING ACL RECONSTRUCTION
(Dr Landrau)

5.30pm – 6.00pm = TEA BREAK

6.00pm – 6.45pm = SYMPOSIUM III

(ACL INJURIES-SPECIAL SITUATIONS)

**-Avulsion injuries , Skeletally immature, Female athletes,
Associated OA**

6.45pm – 7.30pm = SYMPOSIUM IV

(ACL GRAFT OPTIONS)

BPTB , Semi-T , Semi-TG , Other grafts , Allografts, Artificial grafts

8.00pm onwards = BANQUET DINNER

CURRENT CONCEPTS IN ACL RECONSTRUCTION



12th March

8.00am – 9.00am = SYMPOSIUM V

(STEP BY STEP ACL RECONSTRUCTION USING BPTB GRAFT)

Graft harvest tips , Tunnel placement , Graft passage , Graft fixation

9.00am – 10.00am = LIVE BPTB GRAFT ACL RECONSTRUCTION

(Dr P.S. Bajaj)

10.00am – 10.15am = TEA BREAK

10.15am – 11.00am = SYMPOSIUM VI

(STEP BY STEP ACL RECONSTRUCTION USING SEMIT-G GRAFT)

Graft harvest tips , Tunnel placement , Graft passage , Graft fixation

11.00am – 12.00pm = LIVE HAMSTRING ACL RECONSTRUCTION

(Dr IPS Oberoi)

12.00pm – 12.15 pm = TEA BREAK

12.15pm – 1.00pm = SYMPOSIUM VII

COMPLICATIONS / COMBINED LIGAMENTOUS INJURIES)

Intraoperative complications , Postoperative complications ,

Combined Injuries , Revision surgery

1.00pm – 1.45pm = SYMPOSIUM VIII

(CURRENT CONCEPTS)

Long term outcome , Single/double bundle , Rehabilitation ,

Current concepts

1.45pm – 2.30pm = LUNCH

2.30pm – 5.30pm = WORKSHOP

- **GROUP A = 1 ½ hours GRAFT FIXATION OPTIONS**
 - **GROUP B = 1 ½ hours HANDSON WORKSHOP**
- 5.30pm – 6.00pm = VALEDICTORY / PRESENTATION OF CERTIFICATES**



Faculty for the Course

Foreign Faculty

Dr Landrau (France)

Indian Faculty

Anand Verma (Delhi)

Ashok Raj Gopal (Delhi)

Ashish Babulkar (Pune)

Arumugam (Chennai)

David Rajan (Coimbatore)

Deepak Choudhary (Delhi)

HL Nag (Delhi)

HS Gill (Ludhiana)

IPS Oberoi (Delhi)

J Maheshwari (Delhi)

KJ Reddy (Hyderabad)

MS Dhillon (Ludhiana)

Pushpinder Singh Bajaj (Delhi)

Prateek Gupta (Delhi)

Ravi Gupta (Chandigarh)

Sachin Tapasvi (Pune)

Sanjay Garude (Mumbai)

VB Bhasin (Delhi)

Organising Committee

CHIEF PATRON : MAJOR H.P.S AHLUWALIA

PATRONS : Dr H S Chhabra
Dr H N Bajaj
Dr Sudhir Kapoor

SYMPOSIUM DIRECTORS : Dr Pushpinder Singh Bajaj
Dr IPS Oberoi

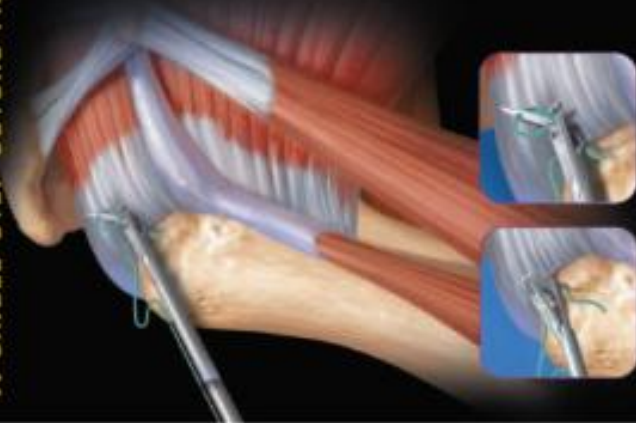
SECRETARY'S : Dr Lalit Maini
Dr Bhushan Nariani

ORGANISING COMMITTEE : Dr. K.Das
Dr. Deepak Raina
Dr. Vinay Kumar Pandey
Dr. Tarun Goyal
Dr. Ajay Popli
Dr. Sushil Kumar
Dr. Vinay Sharma
Dr. AK Srivastava

NEW from DePuy Mitek...

EXPRESSEW™

FLEXIBLE
SUTURE PASSER
A SINGLE-STEP SUTURE PASSER UNDER 5MM



- **One-pass, one-point device** - Quick and easy to use with no suture shifting required
- **4.5mm tip profile** - Compatible with 2mm cannulas and all 2.0 to 4.2 repairs
- **Tissue access** - Independent tissue grasping with simultaneous needle delivery
- **Minimal Needle** - Designed to be handle, handling a smaller incision

DePuy Mitek
A Johnson & Johnson company
IT'S ABOUT RESULTS

RIGIDfix
ALL ABOUT THE RESULTS

It's all in the RIGIDfix ACL Cross Pin. One Pin. Two in. An innovative method of femoral fixation during ACL reconstruction. It can be used for reconstruction or repair of ACL grafts.



Carrying Instruments

- **One-Pin Tray (14)**
- **Two-Pin Tray (18)**
- **One-Pin Tray (18)**

Size By



- 10002 10mm 1.2 mm (one hole) from 10001 (one hole) for 10'
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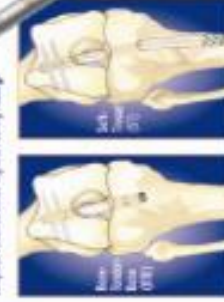
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Bioabsorbable ACL Cross Pin

- **Biodegradable (PLA) provides 4x THE GRASP-FUNCTION OF TRIGLOIN**
- **Delivers 360° OF SOME-TO-CRAFT CONTACT**
- **Intersensory EXPANSIVE INTERLOCKING MECHANISM**

mitek PRODUCTS

The ACL Cross Pin are designed to occupy a small portion of the femoral tunnel, providing complete transosseous apposition during healing.



Bioabsorbable ACL Cross Pin System

Using the RIGIDfix ACL Cross Pin System, the ACL Cross Pin is inserted into the femoral tunnel, providing complete transosseous apposition during healing.