

# 53 ortho surgeries relayed live from 12 countries over three days in Delhi

Rhythma Kaul

■ [rhythma.kaul@hindustantimes.com](mailto:rhythma.kaul@hindustantimes.com)

**NEW DELHI:** More than 50 orthopaedic surgeries were transmitted live from 12 countries over three days during a three-day international conference in Delhi that concluded on Tuesday.

As part of the 10th International Society for Knowledge for Surgeons on Arthroscopy and Arthroplasty (ISKSA), 45 surgeons operated on patients in 29 centres across five continents.

"It is a learning experience for young surgeons, who get to see global experts operating in their respective operation theatres while sitting here in India," said Dr Pushpinder Singh Bajaj, ISKSAA president.

▶ **Shah Rukh Khan chose to get operated in India and that helped in building confidence among people who otherwise may have gone abroad for the repair. Conferences of these kinds work also really well for young surgeons.**

DR SANJAY DESAI, Mumbai-based orthopaedic surgeon

"We had over 50 workshops, instructional course sessions on arthroscopic (keyhole) surgery, arthroplasty (joint reconstruction) techniques, sports medicine and intra-articular (inflammatory joint conditions such as arthritis, gout, tendinitis) trauma," said Bajaj.

Apart from India, surgeries were performed live in France, Italy, Germany, New Zealand

and Australia among other countries.

Mumbai-based orthopaedic surgeon, Dr Sanjay Desai, who specialises in shoulder and knee arthroscopy surgery, performed shoulder surgery live on a woman in her late 60s with torn rotator cuff muscle.

The rotator cuff is made of four muscles that help move and stabilise the shoulder joint. The

damage to even one of the muscles can cause significant pain and disability with decreased range of motion and use of the shoulder joint. "Her arm couldn't go up as a result of the injury and we repaired the muscle using keyhole surgery," said Dr Desai.

These surgeries have picked up in a big way in India and more and more people are now opting to get them done in India rather than flying abroad till a few years ago.

"Shah Rukh Khan chose to get operated in India and that helped in building confidence among people who otherwise may have gone abroad for the repair. Conferences of these kinds work also really well for young surgeons," said Desai.