

ISKSAA 2014
6TH SEPTEMBER 2014 (SATURDAY)
PEARL HALL A

ANCHOR :RajuEaswaran , Rahul Khare

TIME	TOPIC	SPEAKER / FACULTY
08.00 – 09.00	ICL 1 : ACL Anatomy & Evolution of Reconstruction Moderator :RajuEaswaran	
08.00 – 08.10	ACL anatomy (in terms of bundles & footprint) & ideal tunnel placement	RajuEaswaran
08.10 – 08.20	Evolution of reconstruction & the need for the same	Amite Pankaj
08.20 – 08.30	Anatomical single bundle – step by step	Ashok Goel
08.30 – 08.38	Alternate methods of femoral tunnel placement .going retrograde	SachinTapasvi
08.38 – 08.46	ACL Reconstruction graft fixation - simplified	V B Bhasin
08.46 – 08.54	Alternatives for ACL reconstruction using patella tendon or Quadriceps tendon	VedGoswami(UK)
08.50 – 09.00	Questions & Discussion	RajuEaswaran
09.00 – 10.00	ROLE OF BPTB GRAFT IN ACL RECONSTRUCTION IN CURRENT SPORTS MEDICINE PRACTICE Moderator :SanjeevAnand (UK)	
09.00 – 09.10	BPTB ACLR : Does it still have a role ?	SundararajanSilvampatty
09.10 – 09.50	LIVE SURGERY : Anatomical ACLR using BPTB Moderator :SanjeevAnand (UK)	Pushpinder Bajaj
09.50 – 10.00	Questions & Discussion	SanjeevAnand(UK)
10.00 – 13.00	MEET THE MASTERS AS THEY OPERATE :ANATOMICAL ACLR Moderators : RajuEaswaran , SanjeevAnand (UK) , V D Sharma Panelists :Deepak Chaudhary , Ravi Gupta , H L Nag , Ravi Pydisetty (UK) , Shaun O Brien (UK)	
10.00 – 10.10	Ensuring consistency in ACLR , simplifying surgical technique	Ravi Gupta
10.10 – 10.20	Return of the transtibial , has the wheel spun a full circle ?	H L Nag
10.20 – 10.30	Questions & Discussion	SanjeevAnand(UK)
10.30 – 12.15	LIVE SURGERY :ACLR single bundle suspensory Endobutton fixation (S & N)	Prateek Gupta
10.30 – 12.15	LIVE SURGERY :Double bundle ACLR (KARL STORZ)	Wolf Petersen
10.30 – 12.15	LIVE SURGERY :ACLR single bundle aperture fixation (DEPUY MITEK)	Pushpinder Bajaj
12.15 – 13.00	How NOT to reconstruct the ACL ? PANEL DISCUSSION & CASE SCENARIOS Moderator :RajuEaswaran	Deepak Chaudhary Ravi Pydisetty (UK) H L Nag Ravi Gupta Shaun O Brien (UK)
13.00 – 14.00	Lunch	
14.00 – 16.00	PATELLA SYMPOSIUM Moderator :RajuEaswaran	
14.00 – 14.10	Patellar instability : etiology & assessment	Shaun O Brien (UK)
14.10 – 14.20	Patellar instability : management protocol	RajuEaswaran
14.20 – 15.00	LIVE SURGERY : MPFL Reconstruction (S & N) Moderator :Shaun O Brien (UK)	SanjeevAnand
15.00 – 15.10	MPFL : anatomy & biomechanics	Roshan Wade
15.10 – 15.40	MPFL Reconstruction Panel: Different techniques	

	<ol style="list-style-type: none"> 1. Transosseus patella with screw in femur 2. Anchor patella with anchor/screw in femur 3. All soft tissue at patella & femur 4. Superficial quadriceps technique 	Prateek Gupta Deepak Joshi Ravi Mittal Nishith Shah
15.40 – 15.50	Tibial tubercle osteotomy : Indications & technique	Ravi Mittal
15.50 – 16.00	Questions & Discussion	RajuEaswaran
16.00 – 18.00	PCL & Posterolateral(PLC) injuries Moderator : Nishith Shah , R C Arya	
16.00 – 17.00	LIVE SURGERY : Double bundle PCL reconstruction +/- PLC (S & N) Moderator : Nishith Shah	DinshawPardiwala
17.00 – 17.10	Surgical anatomy of lateral part of knee & clinical examination of lateral sided injuries	VB Bhasin
17.10 – 17.20	PLC reconstruction : surgical options & techniques	Ravi Pydisetty(UK)
17.20 – 17.30	Osteotomy for PCL & PLC injuries	Ravi Gupta
17.30 – 18.00	PCL & PLC case based panel discussion : Meet the masters . Graft options / single/double bundle / transtibial/inlay / PCL avulsions Moderator : RajuEaswaran	Ravi Gupta Deepak Chaudhary Nishith Shah VB Bhasin
18.00 – 19.00	Cartilage Symposium Moderator : Nilesh Shah , Binod Singh (UK)	
18.00 – 18.30	LIVE SURGERY : Mosaicplasty (S & N) Moderator : Binod Singh (UK)	Deepak Joshi
18.30 – 18.35	Grading cartilage damage on Imaging	DinshawPardiwala
18.35 – 18.40	Grading cartilage damage on Arthroscopy	SundararajanSilvampatty
18.40 – 18.50	Choosing the right procedure : current guidelines	Binod Singh (UK)
18.50 – 18.55	Assessing repair postoperatively by Imaging	DinshawPardiwala
18.55 – 19.00	Assessing repair postoperatively by Arthroscopy	Nilesh Shah
19.00 – 20.00		
20.00 – 23.00	Cultural Programme & President's faculty Dinner	

ISKSAA 2014
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PEARL HALL B

ANCHORS : Amite Pankaj , GurinderBedi

TIME	TOPIC	SPEAKER / FACULTY
08.00 – 09.00	ICL2 : Tips & Tricks in Knee Arthroplasty Moderator :Amite Pankaj	
08.00 – 08.08	Correction of varus(with Video)	Rahul Bhan
08.08 – 08.16	Correction of Valgus (with video)	Richard Parkinson (UK)
08.16 – 08.24	Correction of Fixed flexion deformity (with video)	C S Yadav
08.24 – 08.32	Challenges in a Rheumatoid Knee	HemanshuKochhar
08.32 – 08.40	Strategies for correction of extra-articular deformities	Olivier Guyen(Swiss)
08.40 – 08.48	Strategies for management of bone defects in primary scenario	Amite Pankaj
08.48 – 09.00	Questions & Discussion	Amite Pankaj
09.00 – 14.00	ZIMMER TKR SYMPOSIUM <ul style="list-style-type: none"> • 2 Live TKR surgeries • Handson workshops • Faculty :Binod Singh (UK) , Richard Parkinson (UK) 	
14.00 – 15.00	Lunch	
15.00 – 16.00	Primary TKR : Questions I always wanted to ask !! Moderators :Pradeep Sharma , GurinderBedi , SubhashJangid Panelists : VedGoswami (UK) , W Klauser (Germ) , Dhananjay Gupta	
15.00 – 16.00	LIVE SURGERY ; Stryker Scorpio TKR ; PS , AR , PARAPATELLAR along with Panel discussion <ul style="list-style-type: none"> • Should I do preoperative Templating ? • Preoperative checklist • Is tourniquet a must ? • How to reduce perioperative blood loss ? • Thromboprophylaxis • Pain management • Drain insertion • Wound continues to weep , when to get concerned ! 	P S Gill
16.00 – 17.00	Primary TKR : clinical cases scenario Moderators : KC Mehta , Amite Pankaj , Subhash Jangid Panelists :SanjeevAnand (UK) , Asit Shah (US) , Nirbhay Shah , PradeepMoonot , YogeshChaudhary , Ramneek Mahajan	
16.00 – 16.10	Pain management in TKA : Current trends !	A B Bhalla
16.10 – 16.30	Preoperative cases scenario <ul style="list-style-type: none"> • Stiff knee • Bony defects primary tkr • Valgus knee 	
16.30 – 17.00	Intra-operative cases scenario (10) <ul style="list-style-type: none"> • Popliteustendon ; issue or non issue ? • MCL damage 	Yogesh Chaudhary
17.00 – 19.30	BIOMET Oxford UKR Workshop Moderators : J Maheshwari , Harprit Singh	
17.00 – 18.00	LIVE SURGERY : Oxford UKR Moderator : Uday Prakash	P V Kailey
18.00 – 18.10	Oxford design rationale	Harprit Singh
18.10 – 18.20	Oxford surgical technique	Ashok Goel

18.20 – 18.30	Indications & Contraindications	SurajPrakash
18.30 – 18.40	Oxford Knee : UK experience	ManojSood(UK)
18.40 – 18.50	Adapting the Oxford system to an Indian patient	J Maheshwari
18.50 – 19.30	Questions & Discussion followed by Hands on Session 5 stations	J Maheshwari
19.30 – 20.00		
20.00 – 23.00	Cultural Programme& President's faculty Dinner	

ISKSAA 2014
6TH SEPTEMBER 2014 (SATURDAY)
MAPLE HALL C

ANCHORS :SubhashJangid , ShekharSrivastav

TIME	TOPIC	SPEAKER / FACULTY
08.00 – 09.00	ICL3 : Approaching a Primary THR Moderator :SubhashJangid	
08.00 – 08.08	Approaches & exposure of Hip Arthroplasty	SubhashJangid
08.08 – 08.16	Positioning the acetabulum correctly every time !	Ravi Pydisetty(UK)
08.16 – 08.24	Femoral preparation : what to watch for ?	Yash Gulati
08.24 – 08.32	Trial reduction : How to assess ?	NischalChugh
08.32 – 08.40	Stability vs lengthening : which evil to choose ?	Kjell Nilsson (Swe)
08.40 – 08.48	Minimally invasive approach : Is there a role ?	Graham Mercer (Aus)
08.48 – 09.00	Questions & Discussion	SubhashJangid
09.00 – 10.00	DEPUY THR SYMPOSIUM Moderator :	
10.00 – 13.30	BIOMET HIP ARTHROPLASTY SYMPOSIUM Moderator :Nirbhay Shah	
10.00 – 10.08	What approach do I use in THA	Nirbhay Shah
10.08 – 10.15	Bearing surfaces in THA	B S Murthy
10.15 – 10.23	Cemented THA	Vijay Shetty
10.23 – 10.30	Cementless THA	Kjell Nilsson (Swe)
10.30 – 11.30	LIVE SURGERY : BIOMET Primary THR Moderator :Nakul Shah	Rajesh Malhotra / Deepak Raina
11.30 – 11.39	Removal of well fixed cemented acetabulum	S K Behera
11.39 – 11.48	Removal of well fixed uncemented acetabulum	Nakul Shah
11.48 – 11.57	Removal of femoral components including Extended trochanteric Osteotomy (ETO)	ManojSood(UK)
11.57 – 12.06	Impaction bone grafting in arthroplasty	Y Kharbanda
12.06 – 12.15	Abductor insufficiency : How to manage ?	Ajay Agarwal(US)
12.15 – 13.30	LIVE SURGERY : BIOMET Revision THR (Arcos) Moderator :P V Kailey	SachinTapasvi
13.30 – 14.30	Lunch	
14.30 – 16.30	HIP PRESERVATION / ARTHROSCOPY SYMPOSIUM Chairs :Vijay Shetty , AnujDogra	
14.30 – 14.40	Indications for Hip arthroscopy	AnujDogra
14.40 – 14.50	FAI :clinicoradiological diagnosis	Vijay Shetty
14.50 – 15.40	LIVE SURGERY : Hip Arthroscopy (KARL STORZ) Moderator : Vijay Shetty	Ajay Aggarwal (US)
15.40 – 16.30	LIVE SURGERY : Hip Arthroscopy (S & N) Moderator :Anuj Dogra	Matthew Liptak (Aus)
16.30 – 19.30	SHOULDER ARTHROPLASTY SYMPOSIUM Chairs : IPS Oberoi , AshishBabulkar	
16.30 – 16.35	Does arthroscopic debridement work ?review of current literature	Paolo Paladini(Italy)
16.35 – 16.40	Pre operative planning of shoulder arthroplasty	Bijayendra Singh (UK)
16.40 – 16.45	Hemi arthroplasty works well !	IPS Oberoi
16.45 – 16.50	Total shoulder arthroplasty in all !	Jegan Krishnan (Aus)
16.50 – 16.55	Technical tips for getting the humeral prosthesis right	AshishBabulkar

16.55 – 17.00	Technical tips for glenoid placement	Nick Wallwork(Aus)
17.00 – 17.05	5 things I make sure before finishing the case !	R Pandey(UK)
17.05 – 17.10	Current status of resurfacing arthroplasty	Sohail Butt (UK)
17.10 – 18.00	LIVE SURGERY : BIOMET Total shoulder / Hemi-arthroplasty Moderator :Jegan Krishnan (Aus)	Greg Bain (Aus)
18.00 – 18.10	Evolution of the reverse shoulder & its role	EranMaman(Isr)
18.10 – 18.20	Reverse shoulder : Learning curve	MakaramSrinivasan(UK)
18.20 – 18.30	Why shoulder replacement gets a bad name ?	R K Agarwal
18.30 – 19.30	LIVE SURGERY : BIOMET Reverse Shoulder arthroplasty Moderator :Bijayendra Singh (UK)	Sanjay Desai
19.30 – 20.00		
20.00 – 23.00	Cultural Programme& President's faculty Dinner	

ISKSAA 2014
6TH SEPTEMBER 2014 (SATURDAY)
MAPLE HALL D

ANCHORS :DhananjaySabat , Rajesh Sethi (UK)

TIME	TOPIC	SPEAKER / FACULTY
08.00 – 09.00	ICL4 :Proximal Humeral fractures – pinning vs plating vsHemiarthroplasty Moderator :Amit Mishra	
08.00 – 08.08	Understanding the fracture personality & thinking beyond the parts	Jae ChulYoo(S KOREA)
08.08 – 08.16	Surgical decision making – conservative vs pinning vs plating	Amit Mishra
08.16 – 08.24	Surgical approaches & practical tips for plating	Kashif Kahn (UK)
08.24 – 08.32	When to do a hemi-arthroplasty ? Any role of the reverse shoulder ?	Bijayendra Singh (UK)
08.32 – 08.40	When to mobilise : How to decide ?	AshishBabulkar
08.40 – 09.00	What went wrong ? Case scenarios Questions & Discussion	Amit Mishra
09.00 – 10.00		
10.00 – 17.30	INTERNATIONAL CME ON EVALUATION OF JOINT PATHOLOGIES – India , USA , UK , Australia (FOR PG's & REGISTRAR's) Convenor :DhananjaySabat	
10.00 – 11.30	HIP Moderator : Ajay Aggarwal (USA) Panelists :Matthew Liptak (Aus) , ManojSood (UK) , AnujDogra	
10.00 – 10.30	Algorithm for evaluation of Hip <ul style="list-style-type: none"> • Patient history and physical examination • X-rays • Cross sectional imaging(CT/MR) • Other diagnostic tests (aspiration, injection, bone scan) • Differential diagnosis • Discussion 	
10.30 – 11.00	Painful young adult hip <ul style="list-style-type: none"> • Hip dysplasia • Hip impingement/ FAI (CAM/Pincer) • Discussion 	
11.00 – 11.30	Painful THA <ul style="list-style-type: none"> • Evaluation, X-rays • Alternate bearing surfaces(MOM, Highly-cross linked poly, ceramic-on ceramic) • Wear/ osteolysis/loosening • Infection • Instability/dislocation • Impingement/ mal-alignment. • Best choice of implant based on age and host factors from US experience. • Discussion 	
11.30 – 13.00	SHOULDER : Case scenarios Moderator :AmitNath Mishra (India)	
11.30 – 12.30	INSTABILITY Panelists : Deepak Bhatia , Paolo Paladini (Italy) , DhananjaySabat , Greg Bain (Aus) , KarthikSelvaraj	

	<ul style="list-style-type: none"> ➤ Case 1: 35 Year Old, 4th Dislocation in 18 months whilst holding the overhead railing in a bus. <ul style="list-style-type: none"> • After First Aid & Pain Relief: • What are you going to ask him and why? • Any investigations before reduction? • Your Preferred method of reduction, immobilisation& duration of immobilisation? • Any further investigation - Ultrasound/ CT/ MRI - Why? • When &Which operation? ❖ A 5 minute instability examination video as done in the clinic :Paolo Paladini(Italy) ➤ Case 2: 18 Year National Basketball Player - dislocated shoulder first time today whilst playing. After a reduction: <ul style="list-style-type: none"> • What is Your Advice to this patient ? • Any Investigation besides an X Ray? ➤ Case 3: 24 Year Old Cricketer complains of pain whenever he throws the ball from the outfield. Has stopped playing club cricket because of this. <ul style="list-style-type: none"> • Possible pathologies in Your Mind? • How would you examine this patient? • What Investigations? • MRI demonstrates a SLAP - operate or not <ul style="list-style-type: none"> - which operation - before surgery, what do u discuss with your patient? ➤ Case 4: Young Dancer, very flexible body, can show that she subluxates& relocates her shoulder <ul style="list-style-type: none"> Complaining of scapular and upper back • Your Line of Management • A 5 minute Scapular & Instability Rehabilitation ProgrammeVideo :KarthikSelvaraj
12.30 – 13.00	IMPINGEMENT & CUFF Panelists :EranMaman (Isr) , Kashif Khan (UK) , Khalid Mohammed (NZ) <ul style="list-style-type: none"> ➤ Case 1: 45 Year Old Woman, Slipped & Fell a Week ago. Pain & Weakness on abduction& elevation. X Rays normal. <ul style="list-style-type: none"> • A Quick Examination for Impingement / Cuff Tear as done in the clinic - 3 minute video :Khalid Mohammed (NZ) • Your Management if MRI/Ultrasound demonstrates <ul style="list-style-type: none"> - No Tear/ Small Tear with Impingement - Tear with retraction ➤ Case2: 65 Year Old Lady, Chronic Shoulder Pain, Inability to abduct & elevate since a week <ul style="list-style-type: none"> Full passive range of motion. X Ray - Cuff Arthropathy, MRI - Massive cuff tear with retraction beyond glenoid • Treatment Options • Your Preferred Line of Management
13.00 – 14.00	Lunch
14.00 – 15.30	SMALL JOINTS : BIG PROBLEMS Moderator : Rajesh Sethi (UK)
14.00 – 14.30	ANKLE Panelists :Nishith Shah , PradeepMoonot

	<ul style="list-style-type: none"> ➤ Assessment: 13 min <ul style="list-style-type: none"> ❖ Assessment of Painful Ankle (clinical and radiological): include OA/Impingement ❖ Assessment of Unstable (weak) ankle: include lateral lig complex and tendoachilles problems ➤ Treatment Algorithm of common ankle problems: 13 min ; include <ul style="list-style-type: none"> ❖ Ankle arthroscopy ❖ Ankle fusion/Arthroplasty ❖ Tendoachilles repair/reconstruction ❖ Lateral lig reconstruction ❖ Discussion 4 min 	
14.30 – 15.00	ELBOW Panelists : Nick Wallwork (Aus) , R Pandey (UK) <ul style="list-style-type: none"> ➤ Assessment of Painful Elbow (to include Tennis elbow and golfers elbow) 10 min ➤ Assessment of Unstable Elbow (Inc Throwing Injuries and snapping/clicking elbow) 5 min ➤ Treatment Planning for Common Elbow Conditions (To include OA/Rheumatoid , loose bodies, Tennis elbow, Golfers elbow, recurrent subluxation etc) 10 min ➤ Discussion 5 min 	
15.00 – 15.30	WRIST Panelists : Nick Wallwork (Aus) , Bijayendra Singh (UK) <ul style="list-style-type: none"> ➤ Painful Wrist –How do I assess (to include basal thumb OA) 5 min ➤ Clicking Wrist –Clinical and radiological assessment 5 min ➤ Treatment of Common Wrist conditions (OA, SLAC/SNAC wrist, Basal thumb OA Scapholunateinstability , other carpal problems) 15 min ➤ Discussion 5 min 	
15.30 – 17.30	KNEE :Clinical cases Moderator :Janak Mehta (Aus) Panelists :Shaun O Brien (UK) , Ashok Goel , Sunderarajan , DhananjaySabat , AnandVerma	
15.30 – 16.30	A young patient with ACL rupture & meniscal tear <ul style="list-style-type: none"> • History taking - with clarification and explanation regarding the questions (with background slide with the format for questioning): 10 min • Clinical examination (with background slide with the format): 10 min • The algorithm for investigations: 10 min • X-ray and MRI scans: 10min :AnandVerma • Discussion of treatment options by the panel with input from the audience: 10 min • Demonstration of explanation, discussion and consent taking with the patient: 10 min 	
16.30 – 17.20	A patient with OA requiring a TKR <ul style="list-style-type: none"> • History taking: 10 min • Clinical examination: 10 min • Investigations: 5 min • Treatment options: 5 min • Post op follow up and evaluation for a patient with a TKJR: 10 min • Evaluation of a painful TKJR: 10 min 	
17.20 – 17.30	Questions & Discussion	
17.30 – 18.30	Controversies in Arthroplasty(Hip& Knee) Moderator :SubhashJangid	
17.30 – 17.38	Unicondylar Knee vs HTO in younger OA patient	Naveen Talwar
17.38 – 17.46	Cementless THA in elderly osteoporotic patients	Avtar Singh
17.46 – 17.54	Fully coated V/S proximal coated femoral stems	Dhananjay Gupta
17.54 – 18.02	What head size to choose and Why?	Deepak Raina

18.02 – 18.10	PS knee with or without CAM ...What to choose?	NischalChugh
18.10 – 18.18	Hi-flex V/S Normal knee	Vivek Mittal
18.18 – 18.26	Acetabular defects & Their reconstruction	AshishDewan
18.26 – 18.30	Questions & Discussion	
18.30 – 19.30	TTK BUECHEL PAPPAS TKR SYMPOSIUM Moderator :AbhijithAgashe	
18.30 – 19.30	LIVE SURGERY : TTK Buechel Pappas TKR Moderator : Abhijith Agashe	Nirbhay Shah
19.30 – 20.00		
20.00 – 23.00	Cultural Programme& President's faculty Dinner	

ISKSAA 2014
6TH SEPTEMBER 2014 (SATURDAY)
ROSEWOOD ROOM ISKSAA LOUNGE HALL E

ANCHOR : Lalit Maini

TIME	TOPIC	SPEAKER / FACULTY
09.00 – 10.00	ISKSAA MUMBAI FELLOWSHIPS (16)	Sanjay Desai
09.00 – 10.00	ISKSAA LEICESTER FELLOWSHIPS (09)	R Pandey
10.00 – 11.00	ISKSAA LANCASHIRE FELLOWSHIPS (08)	MakaramSrinivasan
10.00 – 11.00	ISKSAA MIDLANDS UK FELLOWSHIPS (05)	VedGoswami
11.00 – 12.00	ISKSAA IMRI FELLOWSHIPS (01)	Jegan Krishnan Donald Bramwell
11.00 – 12.00	ISKSAA SPORTSMED FELLOWSHIPS (02)	Nick Wallwork
12.00 – 13.00	ISKSAA IMRI FELLOWSHIPS (01)	Jegan Krishnan Donald Bramwell
12.00 – 13.00	ISKSAA AESCULAP FELLOWSHIPS (20)	Avtar Singh
13.00 – 14.00	ISKSAA UK LONGTERM FELLOWSHIPS (07)	Kashif Khan GurinderBedi
13.00 – 14.00	ISKSAA BIOTEK FELLOWSHIPS (19)	Sanjay Trivedi
14.00 – 15.00	Lunch	
15.00 – 16.00	ISKSAA ABERDEEN FELLOWSHIPS (04)	Kashif Khan
16.00 – 17.00	ISKSAA BASK BOARD MEETING	Richard Parkinson (UK) SanjeevAnand(UK) LalitMaini Pushpinder Bajaj
17.00 – 20.00		
20.00 – 23.00	Cultural Programme&President's faculty Dinner	