

# MAMC BASIC CADAVERIC ARTHROSCOPY COURSE

Under the Aegis of Delhi Orthopaedic Association and ISKSAA

20<sup>TH</sup> NOVEMBER 2016 ( 08.00 – 17.00 )

GRD FLOOR , DEPARTMENT OF ANATOMY , MAMC

## PATRONS

DIR. PROF DEEPAK K TEMPE (DEAN MAMC)  
DIR. PROF JC PASSEY(MEDICAL DIRECTOR LN HOSPITAL)

## ADVISORS

DIR PROF NEELAM VASUDEVA (HOD ANATOMY)  
DIR PROF S K KHANNA (HOD FORENSIC MEDICINE)

## ORGANISING CHAIRMAN ORGANISING DIRECTOR

DIR. PROF. VK GAUTAM (HOD ORTHOPAEDICS)  
DIR.PROF.VINOD KUMAR

## ORGANIZING SECRETARY CO-CONVENOR WORKSHOP CO ORDINATOR JOINT SECRETARY DOA & ISKSAA TEAM

PROF LALIT MAINI  
DR ABHISHEK KASHYAP/ DR SUMIT ARORA  
DR VIKAS RAMPAL/ DR AK GUPTA  
DR VEDPAL YADAV  
DR SHEKHAR SRIVASTAV / DR ANUJ DOGRA / DR AKASH  
SABHARWAL / DR RAHUL KHARE/ DR PRINCE GUPTA

## ORGANISING COMMITTEE

Dir Prof ANIL DHAL  
Dir. Prof. AJAY GUPTA  
Dir Prof. MANOJ KUMAR

DR SUMIT SURAL  
DR D SABAT  
DR JASWANT KUMAR

## KARL STORZ / STRYKER BASIC KNEE ARTHROSCOPY WORKSHOP

VENUE :SEMINAR ROOM , DEPARTMENT OF ANATOMY , MAMC

ANCHOR :Prateek Gupta , ShekharSrivastav , Rahul Khare

18STATIONS ,45 DELEGATES

TIME	TOPIC	SPEAKER / FACULTY
07.00 – 08.00	Registration for delegates	
08.00 – 09.00	Basic Knee Arthroscopy Session Moderator :ShekharSrivastav , Shaun O Brien(UK), D Sabat	
08.00 – 08.05	Introduction to the course	Vinod Kumar
08.05 – 08.12	Anatomy of the meniscus	Sabita Mishra
08.12 – 08.19	Basic setup , equipment & patient positioning	ShekharSrivastav
08.19 – 08.26	Basic portals , triangulation & diagnostic round	Rahul Khare
08.26 – 08.33	Synovectomy&loose body removal – technique , tips & tricks	Prateek Gupta
08.33 – 08.40	Meniscectomy – technique , tips & tricks	AshishSoni( UK )
08.40 – 08.47	Chondral lesions – microfracture&drilling , indications & technique	Shaun O Brien ( UK )
08.47 – 08.54	ACL Reconstruction – step by step	Vinod Kumar
08.54 – 09.00	Discussion	
09.00 – 13.00	Virtamed Simulation training session Presentation followed by hands on training Moderator : AbhishekKashyap	
09.00 – 10.00	First batch 1-15	
11.00 – 12.00	Second batch 16-30	
12.00 – 13.00	Third batch 31-45	

09.00 – 12.00	Demonstration & hands on training Moderator : Lalit Maini , AnujDogra , SumitArora , Vinod Kumar , AkashSabharwal , Prince Gupta	1 :AshishDevgan / AshishTaneja 2 :ChiragThonse 3 : Vinod Kumar/ApurvMehra 4 :Prateek Gupta 5 : Rahul Khare 6 :Amit Mishra 7 :Jegan Krishnan ( Aus ) 8 :Shaun O Brien ( UK ) 9 :AshishSoni ( UK )
09.00 – 11.00	Second batch 16-30	
10.00 – 12.00	First batch 15-30	
09.00 – 12.00	Third batch 31-45	
12.00 – 14.00	Working lunch	

### **KARL STORZ ANKLE ARTHROSCOPY WORKSHOP**

VENUE :Seminar Room , DEPARTMENT OF ANATOMY , MAMC

ANCHORS :ManinderShah Singh

1 STATION , 5 DELEGATES

<b>TIME</b>	<b>TOPIC</b>	<b>SPEAKER / FACULTY</b>
08.00 – 09.00	Registration for delegates	
09.00 – 10.00	Ankle Arthroscopy session Moderator :Maninder Shah Singh	
09.00 – 09.10	Ankle Arthroscopy – indications , basic setup & positioning	Maninder Shah Singh
09.10 – 09.20	Portals & diagnostic technique ankle arthroscopy	Maninder Shah Singh
09.20 – 09.30	Cartilage lesions including talar OCD	Maninder Shah Singh
09.30 – 09.40	Ankle Impingement syndrome	Maninder Shah Singh
09.40 – 09.50	Ankle arthroscopy – complications & management	Maninder Shah Singh
09.50 – 10.00	Discussion	
10.00 – 12.00	Demonstration & hands on training Moderator : Lalit Maini , AnujDogra , Vinod Kumar , SumitArora , AkashSabharwal , Prince Gupta	1:Maninder Shah Singh
12.00 – 14.00	Working lunch	

### **KARL STORZ/ STRYKER BASIC SHOULDER ARTHROSCOPY WORKSHOP**

VENUE :Seminar Room , DEPARTMENT OF ANATOMY , MAMC

ANCHORS :Amit Mishra , Vishwadeep Sharma

9STATIONS ,36 DELEGATES

<b>TIME</b>	<b>TOPIC</b>	<b>SPEAKER / FACULTY</b>
12.00 – 13.00	Working lunch & Registration for delegates	
13.00 – 14.00	Basic shoulder Arthroscopy Session Moderator :Amit Mishra , Deepak Joshi , Vishwadeep Sharma, D Sabat	
13.00 – 13.05	Introduction to the course	Vinod Kumar
13.05 – 13.10	Anatomy of the Glenoid labrum	Dinesh Kumar
13.10 – 13.15	Clinicoradiological evaluation of the Shoulder	AkashSabharwal
13.15 – 13.22	Shoulder arthroscopy – setup , positioning & portals	AshishDevgan
13.22 – 13.28	Diagnostic round – glenohumeral&subacromial arthroscopy	ChiragThonse
13.28 – 13.35	Subacromial pathology & arthroscopic sub- acromial decompression	Jegan Krishnan ( Aus )
13.35 – 13.42	Arthroscopic bankart's repair – indications & technique	Amit Mishra
13.42 – 13.49	Rotator cuff tears management– planning & single row repair	Deepak Joshi

13.49 – 13.56	Pitfalls in Shoulder Arthroscopy	Vishwadeep Sharma
13.56 – 14.00	Discussion	
14.00 – 18.00	Virtamed Simulation training session Presentation followed by hands on training Moderator :AbhishekKashyap	
14.00 – 15.00	First batch 1-12	
16.00 – 17.00	Second batch 13-24	
17.00 – 18.00	Third batch 25-36	
14.00 – 17.00	Demonstration & hands on training Moderator : Lalit Maini , AnujDogra , Vinod Kumar , SumitArora , AkashSabharwal , Prince Gupta	1 :Rahul Khare 2 :ChiragThonse 3 :AshishDevgan 4 :Vinod Kumar 5 :AkashSabharwal 6 : Deepak Joshi 7 :Jegan Krishnan ( Aus ) 8 :Vishwadeep Sharma 9 :Amit Mishra
14.00 – 16.00	Second batch 13-24	
15.00 – 17.00	First batch 1-12	
14.00 – 17.00	Third batch 25-36	

### **KARL STORZ ELBOW ARTHROSCOPY WORKSHOP**

VENUE : HALL A , DEPARTMENT OF ANATOMY , MAMC

ANCHORS : Nick Wallwork ( Aus )

1STATIONS ,5 DELEGATES

<b>TIME</b>	<b>TOPIC</b>	<b>SPEAKER / FACULTY</b>
12.00 – 14.00	Working lunch & registration for delegates	
14.00 – 15.00	Elbow Arthroscopy Session Moderator : Nick Wallwork ( Aus )	
14.00 – 14.10	Introduction to the course& indications for elbow arthroscopy	Nick Wallwork( Aus )
14.10 – 14.20	Elbow Arthroscopy – basic setup , positioning , Portals & diagnostic technique	Nick Wallwork( Aus )
14.20 – 14.30	Arthroscopic management of chondral defects	Nick Wallwork( Aus )
14.30 – 14.40	Arthroscopic management of tennis elbow	Nick Wallwork( Aus )
14.40 – 14.50	Elbow arthroscopy complications – prevention & management	Nick Wallwork( Aus )
14.50 – 15.00	Discussion	
15.00 – 17.00	Demonstration & hands on training Moderator : Lalit Maini , AnujDogra , Vinod Kumar , SumitArora , AkashSabharwal , Prince Gupta	1: Nick Wallwork( Aus )